

# Chase It

拍數: 96      牆數: 1      級數: Phrased Improver  
編舞者: Melody Lee (TW) - July 2024  
音樂: Chase It (Mmm Da Da Da) - Bebe Rexha



## Sequence: (AA BC AA BC CA)

### A S1: Vine Touch x2

1 2 3 4      Step RF side(1) Cross LF behind RF(2) Step RF side(3) Touch LF beside RF(4)  
5 6 7 8      Step LF side(5) Cross RF behind LF(6) Step LF side(7) Touch RF beside LF(8)

### A S2: Vine Touch, Vine wz 1/4Turn left Touch

1 2 3 4      Step RF side(1) Cross LF behind RF(2) Step RF side(3) Touch LF beside RF(4)  
5 6 7 8      Step LF side(5) Cross RF behind LF(6) 1/4Turn left Step LF fwd(7) Touch RF beside LF(8)9h

### A S3: V Steps, Fwd ,Touch, Back,Touch

1 2 3 4      Step RF Out diagonal(1) Step LF Out(2) Step RF Back in(3) Step LF in(4)  
5 6 7 8      Step RF fwd (5) Touch LF behind RF(6) Step LF back(7) Touch RF in front LF(8)

### A S4: V Steps, Fwd, Touch, Back ,1/4Turn Touch

1 2 3 4      Step RF out diagonal(1) Step LF out(2) Step RF back in(3) Step LF in(4)  
5 6 7 8      Step RF fwd (5) Touch LF behind RF(6) Step LF back(7)1/4Turn left Touch RF beside LF(8)6h

\*\*\*Optional for count 5678: RF Step, 1/2Turn left weight on LF x2\*\*\*\*\*

### B S1: Rocking Chair, 1/4Turn right Jazz Box

1 2 3 4      Step RF fwd(1) Recover to LF(2) Step RF back(3) Recover to LF (4)  
5 6 7 8      Cross RF Over LF (5) 1/4Turn left Step LF back(6) Step RF side(7) Cross LF over RF(8)3h  
Optional: 1/8Turn right Step LF side, Hold(5 6) Cross Rock RF behind(7) Recover to LF(8) 3h

### B S2 S3 S4: Same as S1

### C S1: Heel Touch x2, Step, Hitch, Step, Together, Shoulders Pop

1&2&      RF Heel fwd(1) Step RF beside LF(&) LF Heel fwd (2) Step LF beside RF(&)  
3 4      Step RF side (3) Hitch LF (4)  
5 6      Step LF side(5) Step RF beside LF (6)  
7&8      Pop Shoulders R-L-R (7&8)

### C S2: Heel Touch x2 , Step Hitch, Step, Together, Shoulders Pop

1&2&      LF Heel fwd(1) Step LF beside RF(&) RF Heel fwd (2) Step RF beside LF(&)  
3 4      Step LF side(3) Hitch RF (4)  
5 6      Step RF side(5) Step LF beside RF (6)  
7&8      Pop Shoulders L-R-L(7&8)

### C S3: Pony Back x2, Back Rock, Walk fwdx2

1&2 3&4      RF Pony Back R-L-R(1&2) LF Pony Back L-R-L(3&4)  
5 6      Rock RF back(5) Recover to LF (6)  
7 8      Walk RF fwd (7) Walk LF fwd (8)

### C S4: Side, Touch x2 ,Out Out ,Heels,Toes

1 2 3 4      Step RF side(1) Touch LF behind RF(2) Step LF side(3) Touch RF behind LF(4)  
5 6      Step RF out (5) Step LF out(6)  
7&8      Bring Both Toes In(7) Bring Both Heels In(&) Bring Both Toes In(8)

