

Heatin' Up

拍數: 32 牆數: 4 級數: Improver
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音樂: Heatin' Up - Conner Smith



Count in: After 8 counts on lyrics

GRAPEVINE R TOUCH, POINT OUT, IN, OUT, FLICK, GRAPEVINE ¼ TURN SCUFF, ROCKING CHAIR

- 1&2& Step R to R side, Cross L behind R, Step R to R side, Touch L beside R
3&4& Point L out to L side, Touch L beside R, Point L out to L side, Flick L foot behind R knee and slap L foot with R hand
5&6& Step L to L side, Cross R behind L, Make ¼ turn L stepping L forward, Scuff R heel (9 o'clock)
7&8& Rock forward on R, Recover weight back onto L, Rock back on R, Recover weight forward onto L

CROSS & HEEL & CROSS & HEEL & STRUTTING JAZZ BOX ¼ TURN

- 1&2& Cross R over L, Step L slightly to L side, Touch R heel to R diagonal, Step down on R
3&4& Cross L over R, Step R slightly to R side, Touch L heel to L diagonal, Step down on L
• Note counts 1-4 should travel slightly forward
5&6& Cross strut R toe over L, Drop R heel, Make ¼ turn R strutting L back, Drop L heel (12 o'clock)
7&8& Strut R toe to R side, Drop R heel, Cross strut L toe over R, Drop L heel

GRAPEVINE ½ TURN SCUFF, GRAPEVINE L, CROSS ROCK, SIDE ROCK, SAILOR ¼ TURN

- 1&2& Step R to R side, Cross L behind R, Make ¼ turn R stepping R forward, Make ¼ turn R scuffing L fwd
3&4 Step L to L side, Cross R behind L, Step L to L side (6 o'clock)
5&6& Cross rock R across L, Recover weight onto L, Rock R out to R side, Recover weight onto L
7&8 Cross R behind L, Making ¼ turn R step L beside R, Step R forward (9 o'clock)

STEP LOCK STEP SCUFF, STEP LOCK STEP SCUFF, STEP ½ TURN STOMP STOMP STOMP

- 1&2& Step L forward, Lock R behind L, Step L forward, Scuff R forward
3&4& Step R forward, Lock L behind R, Step R forward, Scuff L forward
5 6 Step L forward, Pivot ½ turn R taking weight onto R (3 o'clock)
7&8 Stomp L forward, Stomp R forward, Stomp L forward (or run, run, run if preferred)

TAG 1 - At the end of wall 3 facing 9 o'clock

- 1&2& Step R to R side, Cross L behind R, Step R to R side, Touch L beside R
3&4& Point L out to L side, Touch L beside R, Point L out to L side, Flick L foot behind R knee and slap L foot with R hand
5&6 Step L to L side, Cross R behind L, Step L to L side
7&8& Cross R over L, Step L back, Step R to R side, Cross L over R

TAG 2 – During wall 5 facing 9 o'clock. Dance up to count 12 and then do the following:

- 5 6 Cross R over R (hold R hand out to R side at hip height), Make ¼ turn R stepping L back (hold L hand out to L side at hip height)
7 8 Step R out to R side and raise both arms upwards in front of body over 2 counts
1 2 Bring both arms down sideways to sides of body over 2 counts (weight ends on L)