

Legs

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sawina (INA) - July 2024
音樂: Legs (Keep Dancing) - Vanessa Williams



Intro : 16 Counts - 2 Restarts

S - I ROCK FORWARD R/L - STEP SIDE TOUCH BEHIND R/L

1 - 2 Step R fwd (1) - recover L(2)
&3 - 4 Close R beside L (&) - Step L fwd (3) - recover R (4)
&5 - 6 Close L beside R (&) - step R to side (5) - Touch L cross behind R (6)
7 - 8 Step L to side (7), Touch R cross behind L (8)

S - II MODIFIED CHARLESTON - V STEP

1 - 2 Kick R fwd (1) - close R beside L (2)
3 - 4 Point L back (3) - close L beside R (4)
5 - 6 Step R fwd diagonal R (5) - step L fwd diagonal L (6)
7 - 8 Step R back to center (7) - close L next to R (8)

S - III VAUNDEVILLE - ROCK FORWARD - TRIPLE STEP

1&2& Cross R over L (1) - L to side (&) - R heel diagonal right (2) - step on R (&)
3&4& Cross L over R (3) - R to side (&) - L heel diagonal left (4) - step on L
5 - 6 Step R fwd (5) - Recover L
7&8 Step R turn 1/4 R (7) facing 03.00 - close L nex to R (&) - step R turn 1/4 R on R (8) facing 06.00

S - IV ROCK FORWARD - COASTER STEP - SIDE MAMBO R/L

1 - 2 Step L fwd (1) - recover R (2)
3&4 Step L back (3) - step R next to L (&) - step L fwd (4)
5&6 Step R to side (5) - Recover L (&) - close R beside L (6)
7&8 Step L to side (7) - recover R (&) - close L beside R (8)

Restarts :

On wall 4 (after 16 C)

On wall 10 (after 4 Count)

Enjoy the dance □□□

Last Update: 22 Jul 2024