

Holy Cowboy

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased High Intermediate
編舞者: Gina Fulford (USA) & Tommy G. Parker (USA) - July 2024
音樂: Holy Cowboy - Renee Blair



#16 count intro (dance begins on lyrics, approx. 12 secs. into track).

***3 Tags

*1 Tag/Restart

***3 Restarts

*1 Omit/Restart (see ** below)

A/B PHRASING SEQUENCE:

A [32 count]

TAG-1 [4]

B [32]

B [16]

RESTART

B [4]

RESTART

A [32]

TAG-1 [4]

B [32]

B [16]

TAG-2 [8] "YEEHAW"

RESTART

B [12] Omit first 4 of first 16 count**

RESTART

A [32]

B [16]

RESTART

B [32]

TAG-3 [4] End Pose

PART A — 32 COUNT

A1 [1-8]: (12:00) — RF WALK, LF WALK. HOP feet out, HOLD. SHAKE HIP right x2, SHAKE HIP left x2 — (12:00)

1, 2 RF WALK fwd [1], LF WALK fwd [2] — 12:00
& 3, 4 RF STEP out right [&], LF STEP out left [3]. Hold [4] — 12:00
5, 6 Hip BUMP right [5], Hip BUMP right [6] — 12:00
7, 8 Hip BUMP left [7], Hip BUMP left [8] — 12:00

A2 [9-16] (12:00) — RF SIDE ROCK right, WEAVE left with ¼ TURN (right/cw) into (LF fwd) BODY ROLL — (9:00)

1, 2 & RF SIDE ROCK [1], RECOVER [2]. RF STEP behind LF [&]— 12:00
3, 4 LF STEP next to RF [3], RF CROSS in front LF [4] — 12:00
5, 6 LF STEP left [5], PIVOT ¼ TURN, STEPPING fwd onto RF [6] — 9:00
7, 8 LF STEP fwd into BODY ROLL [7, 8] — 9:00

A3 [17-24] (9:00) — 3 KNEE POPS back (RLR). RF SIDE ROCK & CROSS. LF STEP-PIVOT ¼ TURN (left/ccw), RF STEP-PIVOT ½ TURN (left/ccw), LF KICK — (12:00)

1, 2 LF SLIDE back, R KNEE POP [1], RF SLIDE back, L KNEE POP [2] — 9:00
3, 4 & LF SLIDE back, R KNEE POP [3], RF SIDE ROCK [4], recover [&] — 9:00
5 & 6 RF CROSS in front of LF with ¼ TURN (left/ccw) [5], [&], LF STEP fwd [6] — 6:00
7, 8 RF STEP fwd with ½ TURN [7], LF KICK [8] — 12:00

A4 [25-32] (12:00) — COASTER STEP (LRL) SHUFFLE with ½ TURN (left/ccw). LF KICK fwd, RF POINT

BEHIND. PIVOT on LF ½ TURN (right/cw) into RF KICK fwd, LF STEP BACK — (12:00)

- 1 & 2 LF STEP back [1], RF STEP next to LF [&], LF STEP fwd [2] — 12:00
3 & 4 RF STEP fwd [3], LF STEP next to RF with ½ TURN (left/ccw) [&], WEIGHT on RF [4] — 6:00
5 & 6 LF KICK [5], SWITCH [&], RF POINT behind PIVOTING (right/cw) on LF ½ TURN [6] — 12:00
7 & 8 RF KICK [7], SWITCH [&], LF POINT behind SHIFTING WEIGHT onto LF [8] — 12:00

Start [Tag-1] or [B sequence].

PART B — 32 COUNT

B1 [1-8]: (12:00) — SEXY HIP SWIVEL. RF WALK, LF WALK, RF STEP-PIVOT ½ TURN — (6:00)

- 1, 2, 3, 4]SWAY hips in a figure eight motion (aka: infinity hips) R [1], L [2], R [3] L [4], while SLIDING hands upward caressing shape of body — 12:00
5, 6 RF WALK fwd [5], LF WALK fwd [6], — 12:00
7, 8 RF STEP-PIVOT [7], BOOTIE ROLL ½ TURN (left/ccw) [8] — 6:00

B2 [9-16] (6:00) — RF STEP fwd/LF POINT left, LF STEP fwd/RF POINT right. JAZZ BOX (LF over RF) with ¼ TURN (right/cw). BOOTIE POP/JUMP BACK — (9:00)

- 1, 2 RF STEP fwd [1], LF SIDE TOUCH left [2] — 6:00
3, 4 LF STEP fwd [3], RF SIDE TOUCH [4] — 6:00
5, 6 RF CROSS over LF [5], LF STEP back [6] — 6:00
7, 8 RF STEP next to LF with ¼ TURN (right/cw) [7], JUMP back BOOTIE POP [8] — 9:00

B3 [17-24] (9:00) — RF LOCK STEP, SHUFFLE (RLR) fwd. LF LOCK STEP, SHUFFLE (LRL) fwd — (9:00)

- 1, 2 RF STEP fwd [1], LF STEP behind RF, Right KNEE POP [2] — 9:00
3 & 4 RF SLIDE fwd [3], LF SLIDE next to RF [&], RF SLIDE fwd [4] — 9:00
5, 6 LF STEP fwd [5], RF STEP behind RF, left KNEE POP [6] — 9:00
7 & 8 LF SLIDE fwd [7], RF SLIDE next to [&], LF SLIDE fwd [8] — 9:00

B4 [25-32] (9:00) — 4 SKATE STEPS BACK (LRLR). CROSS (RF over LF), UNWIND (left/ccw) into a ¼ PIVOT (left/ccw) BOOTIE ROLL with a LEFT KNEE POP — (12:00)

- 1, 2 RF SKATE back, LF TOUCH RF [1], LF SKATE back, RF TOUCH LF [2] — 9:00
3, 4 RF SKATE back, LF TOUCH RF [3], LF SKATE back, RF TOUCH LF [4] — 9:00
5, 6 RF CROSS in front LF [5], UNWIND ½ TURN [6] — 3:00
7, 8 BOOTIE ROLL ¼ TURN (left/ccw) [7], left KNEE POP [8] — 12:00

Restart [B sequence] or [Tag-3: End Pose].

TAG-1 [4 COUNT]

(00:29 minutes into the song, to lyrics: "Lord, I think I found me a brand-new man." And then again 1:12 minutes into the song, to the lyrics: "Think I'm goin' home with a brand-new man.")

[1-4] V-STEP (RF OUT/LF OUT, RF IN/LF IN)

- 1, 2 RF STEP outward (fwd/to the right) [1], LF STEP outward (fwd/to the left) [2]
3, 4 RF STEP back and center [3], LF STEP back next to RF [4]

TAG-2/RESTART "YEEHAW" [8 COUNT] (1:39 minutes into the song, to lyrics: "Holy, Holy Cowboy — YEE-HAW!")

[1-8] (6:00) — CROSS (RF over LF), UNWIND (left/ccw) into a ¼ PIVOT (left/ccw) BOOTIE ROLL with a LEFT KNEE POP. CARESS WHIP IT (BEND FWD. RIGHT HAND CARESS UP LEG as BODY SNAPS UPWARD into RIGHT ARM CRACKIN' WHIP OVERHEAD on lyric "YEEHAW!") — (9:00)

- 1, 2 CROSS RF over LF [1], UNWIND (left/ccw) [2] — 12:00
3, 4 BOOTIE ROLL ¼ TURN (left/ccw) [3], left KNEE POP [4] — 9:00
5, 6 BEND fwd [5], SLIDE R HAND upward caressing leg [6] — 9:00
7, 8 BODY SNAP on lyric "YEEHAW" (CRACKIN' WHIP overhead) [7], HOLD pose [8] — 9:00

TAG-3 END POSE [4 COUNT]

(02:29 minutes into the song, to lyrics: "Oo, Holy Cowboy!")

[1-4] (3:00) — SEXY HIP SWIVEL — (3:00)

1, 2, 3, 4 SWAY hips in a figure eight motion (aka: infinity hips) R [1], L [2], R [3] L [4], while SLIDING hands upward caressing shape of body — 3:00

(Optional: (3:00) — CARESS WHIP IT (bend fwd. right hand caress up leg as body snaps upward into right arm crackin' whip overhead) — (3:00)

1, 2 BEND fwd [1],], SLIDE R HAND upward caressing leg [2] — 3:00

3, 4 BODY SNAP (CRACKIN' WHIP overhead) [3], HOLD pose [4] — 3:00

****OMIT/RESTART [12 COUNT]**

B1 [1-8]: (9:00) — SKIP FIRST FOUR COUNTS (aka: SEXY HIP SWIVEL). START with RF WALK, LF WALK, RF STEP-PIVOT ½

TURN — (3:00)

1, 2, 3, 4 SKIP count 1 thru 4 (aka: SEXY HIP SWIVEL)

5, 6 Start on: RF WALK fwd [5], LF WALK fwd [6],— 9:00

7, 8 RF STEP-PIVOT [7], BOOTIE ROLL ½ TURN (left/ccw) [8] — 3:00

B2 [9-16] (3:00) — RF STEP fwd/LF POINT left, LF STEP fwd/RF POINT right. JAZZ BOX (LF over RF) with ¼ TURN (right/cw).

BOOTIE POP/JUMP BACK — (6:00)

1, 2 RF STEP fwd [1], LF SIDE TOUCH left [2] — 3:00

3, 4 LF STEP fwd [3], RF SIDE TOUCH [4] — 3:00

5, 6 RF CROSS over LF [5], LF STEP back [6] — 3:00

7, 8 RF STEP next to LF with ¼ TURN (right/cw) [7], JUMP back BOOTIE POP [8] — 6:00

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