Holy Cowboy



拍數: 64 牆數: 4 級數: Phrased Advanced

編舞者: Gina Fulford (USA) & Tommy G. Parker (USA) - July 2024

音樂: Holy Cowboy - Renee Blair



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3 RESTARTS
1 TAG (Occurs Twice)
1 TAG/RESTART "YEEHAW"
1 OMIT/RESTART
1 TAG/END POSE
A/B PHRASING SEQUENCE:
INTRO [16 count] -- Dance begins on lyrics.
    A [32 count]
TAG [4]
    B [32]
    B [16] RESTART
    B [4] RESTART
    A [32]
TAG [4]
    B [32]
    B [16]
TAG/RESTART [8] "YEEHAW"
OMIT B [12] -- Omit first 4 of first 16 count, then RESTART
    B [16]
RESTART
    B [32]
TAG/END POSE [4]
PART A — 32 COUNT
A1 [1-8]: (12:00) — RF WALK, LF WALK. HOP feet out, HOLD. SHAKE HIP right x2, SHAKE HIP left x2 —
(12:00)
1, 2
               RF WALK fwd [1], LF WALK fwd [2] — 12:00
& 3, 4
              RF STEP out right [&], LF STEP out left [3]. Hold [4] — 12:00
5, 6
              Hip BUMP right [5], Hip BUMP right [6] — 12:00
7,8
              Hip BUMP left [7], Hip BUMP left [8] — 12:00
A2 [9-16] (12:00) — RF SIDE ROCK right, WEAVE left with ¾ TURN (right/cw) into (LF fwd) BODY ROLL —
(9:00)
1, 2 &
               RF SIDE ROCK [1], RECOVER [2]. RF STEP behind LF [&]— 12:00
3, 4
              LF STEP next to RF [3], RF CROSS in front LF [4] — 12:00
5, 6
              LF STEP left [5], PIVOT ¾ TURN, STEPPING fwd onto RF [6] — 9:00
7,8
              LF STEP fwd into BODY ROLL [7, 8] — 9:00
A3 [17-24] (9:00) — 3 KNEE POPS back (RLR). RF SIDE ROCK & CROSS. LF STEP-PIVOT 1/4 TURN
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(left/ccw), RF STEP-PIVOT ½ TURN (left/ccw), LF KICK — (12:00)

1, 2 LF SLIDE back, R KNEE POP [1], RF SLIDE back, L KNEE POP [2] - 9:00 3, 4 & LF SLIDE back, R KNEE POP [3], RF SIDE ROCK [4], recover [&] — 9:00 5, 6 RF CROSS in front of LF with 1/4 TURN (left/ccw) [5], LF STEP fwd [6] — 6:00

7,8 RF STEP fwd with 1/2 TURN [7], LF KICK [8] — 12:00

A4 [25-32] (12:00) — COASTER STEP (LRL) SHUFFLE with ½ TURN (left/ccw), LF KICK fwd, RF POINT BEHIND. PIVOT on LF ½ TURN (right/cw) into RF KICK fwd, LF STEP BACK — (12:00)

1 & 2 LF STEP back [1], RF STEP next to LF [&], LF STEP fwd [2] — 12:00

3 & 4	RF STEP fwd [3], LF STEP next to RF with ½ TURN (left/ccw) [&], WEIGHT on RF [4] — 6:00
5 & 6	LF KICK [5], SWITCH [&], RF POINT behind PIVOTING (right/cw) on LF ½ TURN [6] — 12:00
7 & 8 Start [Tag-1] or	RF KICK [7], SWITCH [&], LF POINT behind SHIFTING WEIGHT onto LF [8] —12:00
PART B — 32 (B1 [1-8]: (12:00 1, 2, 3, 4 5, 6 7, 8	COUNT O) — SEXY HIP SWIVEL. RF WALK, LF WALK, RF STEP-PIVOT ½ TURN — (6:00)]SWAY hips in a figure eight motion (aka: infinity hips) R [1], L [2], R [3] L [4], while SLIDING hands upward caressing shape of body — 12:00 RF WALK fwd [5], LF WALK fwd [6],— 12:00 RF STEP-PIVOT [7], BOOTIE ROLL ½ TURN (left/ccw) [8] — 6:00
B2 [9-16] (6:00)	— RF STEP fwd/LF POINT left, LF STEP fwd/RF POINT right. JAZZ BOX (LF over RF) with cw). BOOTIE POP/JUMP BACK — (9:00) RF STEP fwd [1], LF SIDE TOUCH left [2] — 6:00 LF STEP fwd [3], RF SIDE TOUCH [4] — 6:00 RF CROSS over LF [5], LF STEP back [6] — 6:00 RF STEP next to LF with ½ TURN (right/cw) [7], JUMP back BOOTIE POP [8] — 9:00
B3 [17-24] (9:00 1, 2 3 & 4 5, 6 7 & 8	D) — RF LOCK STEP, SHUFFLE (RLR) fwd. LF LOCK STEP, SHUFFLE (LRL) fwd — (9:00) RF STEP fwd [1], LF STEP behind RF, Right KNEE POP [2] — 9:00 RF SLIDE fwd [3], LF SLIDE next to RF [&], RF SLIDE fwd [4] — 9:00 LF STEP fwd [5], RF STEP behind RF, left KNEE POP [6] — 9:00 LF SLIDE fwd [7], RF SLIDE next to [&], LF SLIDE fwd [8] — 9:00
PIVOT (left/ccw 1, 2 3, 4 5, 6 7, 8	0) — 4 SKATE STEPS BACK (LRLR). CROSS (RF over LF), UNWIND (left/ccw) into a ¼ v) BOOTIE ROLL with a LEFT KNEE POP — (12:00) RF SKATE back, LF TOUCH RF [1], LF SKATE back, RF TOUCH LF [2] — 9:00 RF SKATE back, LF TOUCH RF [3], LF SKATE back, RF TOUCH LF [4] — 9:00 RF CROSS in front LF [5], UNWIND ½ TURN [6] — 3:00 BOOTIE ROLL ¼ TURN (left/ccw) [7], left KNEE POP [8] — 12:00 lence] or [Tag-3: End Pose].
• TAG [4 COUN [1-4] V-STEP (F 1, 2 3, 4	IT] RF OUT/LF OUT, RF IN/LF IN) RF STEP outward (fwd/to the right) [1], LF STEP outward (fwd/to the left) [2] RF STEP back and center [3], LF STEP back next to RF [4]
[1-8] (6:00) — (LEFT KNEE PC	RT "YEEHAW" [8 COUNT] CROSS (RF over LF), UNWIND (left/ccw) into a ¼ PIVOT (left/ccw) BOOTIE ROLL with a DP. CARESS WHIP IT (BEND FWD. RIGHT HAND CARESS UP LEG as BODY SNAPS RIGHT ARM CRACKIN' WHIP OVERHEAD on lyric "YEEHAW!") — (9:00) CROSS RF over LF [1], UNWIND (left/ccw) [2] — 12:00 BOOTIE ROLL ¼ TURN (left/ccw) [3], left KNEE POP [4] — 9:00 BEND fwd [5], SLIDE R HAND upward caressing leg [6] — 9:00 BODY SNAP on lyric "YEEHAW" (CRACKIN' WHIP overhead) [7], HOLD pose [8] — 9:00
1, 2, 3, 4 (Optional: CAR	SE [4 COUNT) SEXY HIP SWIVEL — (3:00) SWAY hips in a figure eight motion (aka: infinity hips) R [1], L [2], R [3] L [4], while SLIDING hands upward caressing shape of body — 3:00 ESS WHIP IT (bend fwd. right hand caress up leg as body snaps upward into right arm verhead) — (3:00) BEND fwd [1],], SLIDE R HAND upward caressing leg [2] — 3:00

• OMIT/RESTART [12 COUNT]

B1 [1-8]: (9:00) — SKIP FIRST FOUR COUNTS (aka: SEXY HIP SWIVEL). START with RF WALK, LF WALK, RF STEP-PIVOT ½ TURN — (3:00)

SKIP COUNTS 1 THRU 4 (aka: SEXY HIP SWIVEL) 1, 2, 3, 4 5, 6 START ON: RF WALK fwd [5], LF WALK fwd [6], - 9:00

7, 8 RF STEP-PIVOT [7], BOOTIE ROLL ½ TURN (left/ccw) [8] — 3:00

B2 [9-16] (3:00) — RF STEP fwd/LF POINT left, LF STEP fwd/RF POINT right. JAZZ BOX (LF over RF) with 1/4 TURN (right/cw). BOOTIE POP/JUMP BACK — (6:00)

RF STEP fwd [1], LF SIDE TOUCH left [2] — 3:00 1, 2 3, 4 LF STEP fwd [3], RF SIDE TOUCH [4] — 3:00 5, 6 RF CROSS over LF [5], LF STEP back [6] — 3:00

7, 8 RF STEP next to LF with 1/4 TURN (right/cw) [7], JUMP back BOOTIE POP [8] — 6:00

Last Update: 22 Aug 2024