

# My Highland Girl

COPPER KNOB  
BY STEPHEN M. C.

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Stephen McIntosh (SCO) - July 2024  
音樂: Highland Girl - Nathan Evans



Start straight away on word 'Dance' approx. 1 second into music

## Section 1 Walk fwd x 2, right mambo fwd, Walk back x 2, left coaster step

- 1 - 2      Walk forward RF (1), Walk forward on LF (2)  
3 & 4      Rock RF forward (3), Recover onto LF (&), Step back on RF (4)  
5 - 6      Walk back LF (5), Walk back on RF (6)  
7 & 8      Step back on left (7), Step back on right (&), Step forward on left (8)

## Section 2 Toe, Heel, Stomp x 2, K step with ¼ turn

- 9 & 10      Touch right toes to left instep (9), Touch right heel to left instep (&), Stomp forward on RF (10)  
11 & 12      Touch left toes to right instep (11), Touch left heel to right instep (&), stomp forward on LF (12)  
13 &      Step RF diagonally forward (5), Touch left toes beside right (&)  
14 &      Step LF diagonally back (6), Touch RF beside LF (&)  
15 &      Make a ¼ turn right stepping RF to right side (7) 3:00, Touch LF beside RF (&)  
16 &      Step LF to left side (8), Touch RF beside left (&)

Restart here on wall 6, facing 12:00

## Section 3 Side rock, recover, weave x 2

- 17 - 18      Rock RF to right side (17), Recover weight onto left (18)  
19 & 20      Step RF behind LF (19), Step LF to left side (&), Cross RF over LF (20)  
21 - 22      Rock LF to left side (21), Recover weight onto right (22)  
23 & 24      Step LF behind RF (23), Step RF to right side (&), Cross LF over RF (24)

## Section 4 Step, Flick, Step, Hook, Step, Heel Swivel, Ball Step ½ Pivot, Left shuffle forward

- 25 & 26 &      Step RF fwd (1), Flick LF behind RF (&), Step LF back (2), Hook RF over L leg (&)  
27 & 28 &      Step RF fwd (3), Push R heel out (&), Bring R heel back in (4), Step RF next to LF (&) 12:00  
29 - 30      Step LF fwd (5), Turn a ½ turn to right shoulder (6)  
31 & 32      Step LF fwd (7), Cross RF behind LF (&), Step LF fwd (8)

Start again & Enjoy