

Home to Donegal

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ian Dunn (AUS) - July 2024
音樂: Home to Donegal - Celtic Brothers



- 1, 2&a L fwd hook R behind, R back $\frac{1}{4}$ (L), $\frac{1}{4}$ (L) L fwd, R fwd $\frac{1}{4}$ (L)
3, 4 $\frac{1}{4}$ (L) Rock step L fwd, Return weight back on R. (12.00)
5,&a 6 (L coaster) L back, R back, L fwd, Rock Fwd R $\frac{1}{4}$ (L) (9.00)
7, 8&a Return weight to L, R behind L, L to L, R across L.
- 1, 2&a Rock L to L side, Return weight to R, L behind R, R to R side
3, 4 a, Rock L fwd, $\frac{1}{4}$ (L) return weight to R, L beside R, (6.00)
5, 6 a, $\frac{1}{4}$ (L) Rock step R fwd, (3.00) return weight to L, $\frac{1}{4}$ (R) Step R beside L. (6.00)
7, 8 (Paddle turn) L fwd making a $\frac{1}{2}$ (R), Step R fwd tap L toe beside R. (12.00)
- 1 2&a L fwd sweeping R, Step fwd R across L, Rock L to L side, Return weight to R
3, 4&a Rock L fwd, Return weight to R $\frac{1}{4}$ (L), L to L side, $\frac{1}{4}$ (L) R beside L. (6.00)
5 6 a Rock fwd on L, Return weight to R, Step L beside R,
7, 8 Touch R toe back, $\frac{1}{2}$ (R) Keeping weight on L. (12.00)
- 1, 2&a Step back R sweep L, Moving back L behind R, Rock R to R, Return weight to L
3, 4&a Step back R sweep L, Moving back L behind R, Rock R to R, Return weight to L
5, 6&a Rock back on R lifting L toe, Step L, R, L weight on L, turning $\frac{1}{2}$ (L). (6.00)
7, 8. Step R fwd, Touch L toe beside R foot.

Restart.

Note: This song is in 12/8: Compound Quadruple time. There are many terms describing this beat recently however the correct technical name is as above. The steps are in groups of 3s however this is not a Waltz even though it feels that way. Just enjoy the Song.