Never Get Down On My Luck



拍數: 32 牆數: 2 級數: Intermediate

編舞者: Frederick Hodgin (USA) - 11 May 2024 音樂: Hands Up (feat. DNCE) - Merk & Kremont



#8 count intro. Restarts on Wall 3 and Wall 6. 16-count Tag after Wall 1 and after Wall 4. This dance is front and back walls, changes to side walls after 1st restart, changes back to front and back after 2nd restart.

[1-8] Rock R, Recover, Behind, Side, Cross, Rock L and Cross, Hold, Ball-Cross

1,2 Rock R to R Side while raising L Leg up to L side, Recover L (12:00)

3&4 Step R Behind L, Step L to L Side, Cross R over L (12:00)
5&6 Rock L to L Side, Recover R, Cross L over R (12:00)
7&8 Hold (7), Ball R to R Side, Cross L over R (12:00)

Styling: On walls 2,5,6, and 7, Throw Hands Up on Count 1 when the song says "Hands up".

[9-16] 34 R Walk Around Turn, Kick-Step, Lock Step, Kick-Step, Lock Step

1,2 Step R to R Side w/ 1/4 Turn R, Step L Forward while turning R (3:00)

3,4 Walk R Forward, L Forward, Completing ¾ of a turn R over counts 1-4 (9:00)
5&6& Kick R, Step Forward onto R, Lock L Behind R, Step Forward on R (9:00)
7&8& Kick L, Step Forward onto L, Lock R Behind L, Step Forward on L (9:00)

*Restart on Wall 3 and 6 after 16 counts.

[17-24] Step R, 1/2 Turn L w/ Kick, L Coaster Step, (Out, Out, In, In) x 2

1,2 Step Forward on R w/ ½ Turn to L, Kick L Forward (3:00)

3&4 Step L Back, Collect R to L, Step L Forward (3:00)

45&6 Hop Out R, Out L, Hop in R, In L (3:00)47&8 Hop Out R, Out L, Hop in R, In L (3:00)

[25-32] 1/4 Jazz Box R, Heel Switches, Toe/Heel Swivels to R

1,2 Cross R over L, Step L Back w/ 1/4 Turn R (6:00)

3,4 Step R to R Side, Cross L Over R (6:00)

5&6& Kick R Heel, Close R to L, Kick L Heel, Close L to R (6:00)
7&8& Swivel Heels, Toes, Heels, Toes all traveling to the R (6:00)

Styling: On walls 2,5,6, and 7, Throw Hands Up on Count 17 when the song says "Hands up".

TAG: At end of Walls 1 and 4, 16 count tag.

[1-8] R Skate, L Skate, L Pivot ½, Body Roll Up w/ Flex

1,2 Slow Skate R (6:00) 3,4 Slow Skate L (6:00)

5,6 Step R Forward and Pivot ½ to L, Step L Forward (12:00)7,8 Close R to L, Body Roll Up Starting from Feet (12:00)

[9-16] R Skate, L Skate, L Pivot ½, Hold w/ Weight Change

1,2 Slow Skate R (12:00) 3,4 Slow Skate L (12:00)

5,6 Step R Forward and Pivot ½ to L, Wait on Count 6 (6:00)

7, 8 Hold Count 7, Shift Weight to L on Count 8 (6:00)

*1st Place Dance in the Phrased Category at USLDCC Fun In The Sun 2024 Frederick Hodgin FrederickHodgin3@gmail.com

