

Vigorous Laugh (得意的笑)

COPPERKNOB
BY STEPHEN TAYLOR

拍數: 64
編舞者: Catherine Chew (SG) - July 2024
音樂: Vigorous Laugh - Rita

級數: Phrased High Beginner



Sequence Intro/AAABB/TAG/AAABB/TAG/TAG-

Dance starts from 0.03 seconds

Part A (32 counts, 2 wall)

SEC 1 DIAGONAL FORWARD LOCK STEP R & L

1234 Step R diagonally forward, lock L behind right, step R diagonally forward, brush L forward
5678 Step L diagonally forward, lock R behind left, step L diagonally forward, brush R forward (12)

SEC 2 FOUR TIME (STEP BACK, TOUCH)

1234 Step R diagonal R back, touch L next to R, step L diagonal L back, touch R next to L
5678 Repeat steps above (12)

SEC 3 SCISSORS R & L, HOLD

1234 Step R to R, step L together, cross R over L, hold
5678 Step L to L, step R together, cross L over R, hold (12)

SEC 4 TWICE R KICK BALL CHANGE, TWICE 1/4 L PADDLE TURN

1&2 3&4 Two Kick R ball change forward
5678 Step R forward, 1/4 L, step R forward, 1/4 L (6)

Part B (32 counts, 2 wall)

SEC 1 MAMBO R& L, SHIMMY WITH INDEX FINGERS ON EACH CHEEK

1234 Rock R to R with shimmy, replace weight L, close R to L, place index fingers on each cheek
5678 Rock L to L with shimmy, replace weight R, close L to R, place index fingers on each cheek(12)

SEC2 ROCK R, L, R, HOLD; ROCK L, R, L, HOLD

1234 Step and rock R to R, replace weight to L, rock R to R, hold
5678 Rock L to L, replace weight onto R, rock L to L, hold (12)

SEC 3 SIDE, REPLACE, CROSS, HOLD; 1/4 R. 1/4 R, CROSS, HOLD

1234 Rock R to R, recover onto L, step R over L, hold
5678 1/4 R Step L back, 1/4 R step R to R, Step L over R, place hands under the chins (6)

SEC 4 R ROCKING CHAIR, WALK AROUND FULL L

1234 Rock R forward, replace onto L, rock R back, replace onto L
5678 Walk around stepping R, L, R, L whilst making a full L over L shoulder (6)

Intro/Tag (32 counts, 1 wall)

SEC 1 GRAPEVINE R & L

1234 Step R to R, step L behind R, step R to R, touch L next to R
5678 Step L to L, step R behind L, step L to L, touch R next to L (12)

SEC 2 V STEP, FORWARD R, HEEL BOUNCE 3 TIMES 1/2 L

1234 Step R diagonal R forward, step L diagonal L forward, step R back, Close L to R
5678 Step R forward, bounce both heels 3 times turning 1/2 L (6)

SEC 3 & 4 Repeat step above Sec 1 & Sec 2 (12)

Ending(Tag-) FIRST 8 COUNTS OF TAG

1234 Step R to R, step L behind R, step R to R, touch L next to R

5678 Step L to L, step R behind L, step L to L, touch R next to L (12)

For clarification, please contact chchew1109@gmail.com
