

Knock and Ring

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karen Dawson (NZ) - July 2024
音樂: I'm Gonna Knock on Your Door - Eddie Hodges



RIGHT SAILOR STEP, LEFT SAILOR STEP

1 & 2 Cross right behind left, step left to side, step right to side
3 & 4 Cross left behind right, step right to side, step left to side

TWO SHUFFLES FORWARD

5 & 6 Step forward right, close left foot beside right, step forward right.
7 & 8 Step forward left, close right foot beside left, step forward left.

JAZZ BOX ¼ TURN RIGHT, JAZZ BOX

1 – 4 Cross right over left, step left back, turn ¼ right and step right to side, step left foot beside right.
5 – 8 Cross right over left, step back on left foot, step right and place left foot next to right.

FORWARD ROCK, RECOVER, SHUFFLE BACK RIGHT

1 – 2 Rock forward right, recover on left,
3 & 4 Shuffle back right, left, right.

BACK ROCK, RECOVER, SHUFFLE FORWARD LEFT

5 – 6 Rock back on left, recover on right
7 & 8 Shuffle forward left, right, left.

CROSS POINT LEFT, CROSS POINT RIGHT

1 – 2 Cross Right over Left and point Left toe to side.
3 – 4 Cross Left over Right and point Right toe to side.

RIGHT JAZZ BOX

5 – 8 Cross right over left, step back on left, step right to the side, step left to the side keeping the weight on it ready to start the dance again.

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