# **Knock and Ring**



拍數: 32 牆數: 4 級數: Beginner

編舞者: Karen Dawson (NZ) - July 2024

音樂: I'm Gonna Knock on Your Door - Eddie Hodges



### 2 SAILOR STEPS (Right and Left)

1 & 23 & 4Right cross behind Left. Step to Left side. Place Right next to Left.Left cross behind Right. Step to Right side. Place Left next to Right.

## 2 SHUFFLES FORWARD

5 & 6Step forward right. Close Left foot beside Right. Step forward Right.7 & 8Step forward Left. Close Right foot beside Left. Step forward Left.

#### JAZZ BOX 1/4 TURN RIGHT, JAZZ BOX

1 – 4 Cross Right foot over Left foot. Step back on Left foot. Turn ¼ right. Step right on Right foot. Step Left foot beside Right foot.

5 – 8 Cross Right foot over Left foot. Step back on Left foot. Step right and place Left foot next to Right foot.

### **ROCK FORWARD SHUFFLE BACK**

1 – 4 Rock forward Right. Shuffle back Right, Left, Right.

### **ROCK BACK SHUFFLE FORWARD**

5 – 8 Rock back Left. Shuffle forward Left, Right, Left.

### **2 STEPS FORWARD POINTING**

1 & 2 Cross Right over Left and point Left toe to side.3 & 4 Cross Left over Right and point Right toe to side.

#### FINISH - RIGHT JAZZ BOX

1 – 4 Cross Right foot over Left foot. Step back on Left foot. Step right and place Left foot next to Right foot.

### **REPEAT**

Contact: Karen-dawson@xtra.co.nz