Starkare (Stronger)

拍數: 32

級數: High Improver - Cuban motion

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音樂: Starkare - Darin

Intro: 4 C 1 restart, please see bottom of the step sheet!

SEC. 1 CROSS, UNWIND 3/4 L, CHASSE, CROSS ROCK, SHUFFLE 1/2 TURN L

- 1 2 3 Cross R over L (1) unwind 3/4 turn L over two counts (2 3) (3.00)
- 4 & 5 Step R to R side (4) step L beside R (&) step R to R side (5)
- 6 7 Step fwd L (6) recover to R (7)
- 8 & 1 1/4 turn L stepping L to L side (8) step R beside L (&) 1/4 turn L stepping fwd L (1) (9.00)

SEC. 2 SIDE ROCK STEP, CROSS SHUFFLE, 1/2 TURN R, FWD CHA

- 2 3 Step R to R side (2) recover to L (3)
- 4 & 5 Cross step R over L (4) step L to L side (&) cross step R over L (5)
- 6 7 Step L to L side (6) 1/2 turn R stepping R to R side (7) (3.00)
- 8 & 1 Step fwd L (8) step R behind L (&) step fwd L (1) *** Note:Restart here after count (8 &) during wall 2

SEC. 3 PIVOT 1/4 L, CROSS ROCK, LARGE SIDE STEP, DRAG BESIDE, R KNEE-POP, L KNEE- POP, L CHASSE

- 2 3 Step fwd R (2) pivot 1/4 R (3) (12.00)
- 4 & 5 Cross R over L (4) recover to L (&) large step to R side (5)
- 6 7 Drag L beside R and pop R knee in (6) pop L knee in (7)
- 8 & 1 Step L to L side (8) step R beside L (&) step L to L side(1)

SEC. 4 BACK ROCK, KICK, BALL, STEP, PIVOT 1/2 L, WALK R, L

- 2 3 Step back on R (2) recover to L (3) (12.00)
- 4 & 5 Kick fwd R (4) step R beside L (&) step fwd L (5)
- 6 7 Step fwd R (6) pivot 1/2 L (7) (6.00)
- 8 & Step fwd R (8) step fwd L (&)

Start over again!

*** Note: Before restart during Wall 2 replace the last counts in "Section 2" (8 &) to 1/4 turn R stepping L to L side (8) hold (&) then restart!

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牆數:2