

Met a Girl

拍數: 40 牆數: 4 級數: High Improver
編舞者: Rafel Corbí (ES) - June 2024
音樂: Mighta Met A Girl - Pryor Baird



Intro 16 Counts

DIAGONAL TOE STRUTS, ROCK RECOVER & CROSS X 2

1& In right diagonal, step with Right toe forward, drop Right heel
2& In right diagonal, step with Left toe forward, drop Left heel
3&4 Turning to center, Rock Right to right side, recover onto Left, cross Right over Left
5& In left diagonal, step with Left toe forward, drop Left heel
6& In left diagonal, step with Right toe forward, drop Right heel
7&8 Turning to center, Rock Left to left side, recover onto Right, cross Left over Right

ROCK RECOVER CROSS BEHIND, ROCK RECOVER TURN AND BACK, COASTER STEP, TWO STEPS FORWARD

9&10 Rock Right to right side, recover onto Left, cross Right behind Left
11&12 Rock Left to left side, recover onto Right turning 1/4 to your left, step Left back 9:00
13&14 Step Right back, Left beside Right, step Right forward
15-16 Step Left Forward, Step Right Forward

TURNING RIGHT SWAY LEFT & RIGHT, STEP TOGETHER FORWARD, STEP TOGETHER BACK, 1/2 TURN, 1/4 TURN

17-18 Turn a 1/4 to the right stepping Left to side and sway hips to left, sway hips to right 12:00
19&20 Step Left to left, Right beside Left, Step Left Forward
21&22 Step Right to right, Left beside Right, Step Right Back
23-24 Turn 1/2 to left and step Left forward, turn 1/4 to left and step Right to right 3:00

LEFT SAILOR STEP, RIGHT SAILOR STEP, JAZZ BOX CROSS

25&26 Step Left behind Right, step Right in place, step Left to left side
27&28 Step Right behind Left, step Left in place, step Right to right side
29-30 Cross Left over Right, step Right back
31-32 Step Left to side, cross Right over Left

SQUARE 3/4 TURN MOVEMENT, ROCK RECOVER, BEHIND SIDE CROSS TURNING RIGHT

33-34 Step left to side, 1/4 turn right and step Right to side 6:00
35-36 1/4 turn right and step Left to side, 1/4 turn right and step Right to side 12:00
37-38 Rock Left forward, recover onto Right
39&40 Step Left back, 1/4 turn right and step Right to side, cross Left over Right 3:00

Start again!

Restart after 24 counts on wall 3. Touch Right beside Left on count 24 and start again (9:00)