

Hang Tight Honey

拍數: 68 牆數: 4 級數: Improver
編舞者: Mary Pentangelo (USA) - July 2024
音樂: Hang Tight Honey - Lainey Wilson



#32 count intro - 3 restarts

Part A

[1-8] Grapevine R, Grapevine L

1-4 RF step side, LF cross behind RF, RF step side, LF tap next to RF
3-4 LF step side, RF cross behind LF, FF step side, RF scuff

[9-16] Toe Heel Struts, RF Swivels

1-4 RF step toe forward, drop heel down, LF step toe forward, drop heel down
3-8 RF step next to LF, Swivel (single heel or both) RF heel out, in, out in

[17-24] Lock Steps

1-4 RF step forward at slight diagonal, LF lock behind RF, RF step forward, LF scuff
5-8 LF step forward at slight diagonal, RF lock behind LF, LF step forward, RF scuff

[25-32] Scuffs, Knee Twist, ¼ Hitch

1-4 RF step side, LF scuff next to LF and step side
5-6 (knees slightly bent on both legs) Right knee twists in and out
7-8 RF push off to a right ¼ over right should with a hitch, hold count 8

[33-40] Rocks, Walks

1-4 RF rock back, recover LF, RF rock forward, recover LF
5-8 RF walk back on 5, hold 6, LF walk back on 7, hold 8

[41-48] Rock, Step and Scuffs

1-2 RF rock back, recover LF
3-8 RF step forward, LF scuff and step forward, RF scuff (step forward into lock step)

[49-56] Lock Step, Scuffs to Side

1-4 LF step forward, RF step behind LF, LF step forward, RF scuff
5-8 RF step to side, LF scuff and step to side

[57-68]

1-2 RF rock cross behind LF, recover on LF
3-4 RF rock to side, recover on LF
5-6 RF heel grind (moving to the left) next to LF
7-8 RF heel grind (moving to the left) next to LF
1-2 RF heel grind (moving to the left) next to LF
3-4 RF stomp twice next to LF

Restart 1 – after first 8 counts on wall 3

Restart 2 – after first 8 counts on wall 5

Restart 3 – after first 24 counts on wall 6

Thank you for checking out my dance!

