

Been Like This

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Paula-jayne Ogilvie (AUS) - July 2024
音樂: Been Like This - Meghan Trainor & T-Pain



No tags, No restarts.

S1. Side strut, cross strut, hip sway R,L,R,L

1,2,3,4 step R toe to right side, drop R heel, cross L toe over RF, drop L heel.
5,6,7,8 Sway hips R,L,R,L (12:00)

S2. R toe strut forward, L toe strut forward, step R and drag, R kickball change.

1,2,3,4 R toe forward, drop R heel, L toe forward, drop L heel
5,6 Step RF to R side, dragging LF towards RF placing weight on LF
7 & 8 Kick RF forward, step RF beside LF, step LF beside RF. (12:00)

S3. Charleston step, R lock step, 1/4 turn L lock step.

1,2,3,4 Point right toe forward, step back on RF, point L toe back, step LF forward
5 & 6 Step RF forward, lock LF behind RF, step LF forward
7 & 8 1/4 L stepping LF forward, lock RF behind, step LF forward (9:00)

S4. 1/4 turn R jazz box, step 1/2 pivot, step 1/4 turn.

1,2,3,4 Cross RF over LF, step LF back, turn 1/4 turn R stepping RF to R side, step LF beside RF
(12:00)
5,6 Step RF forward, 1/2 turn L, (6:00)
7,8 Step RF forward, 1/4 turn L, (3:00)

Dance finishes at the front on the kickback change.

Dance and enjoy. ♡
