

It's a Beautiful Life EZ

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4
編舞者: Renny Eka (INA) - July 2024
音樂: Beautiful Life - Ace of Base

級數: Easy Beginner



Intro 48 count

Restart after 16 count at wall 3 (facing 3.00)

I. WALK FORWARD (R-L-R)-KICK, WALK BACK (L-R-L)-TOUCH

1 - 2 Step Rf forward, Step Lf forward
3 - 4 Step Rf forward, Kick Lf
5 - 6 Step Lf back, Step Rf back
7 - 8 Step Rf back, Touch Rf beside Lf

II. VINE RIGHT, VINE LEFT TURN ¼ L, TOUCH

1 - 2 Step Rf to side, Cross Lf behind Rf
3 - 4 Step Rf to side, Touch Lf beside Rf
5 - 6 Step Lf to side, Cross Rf behind Lf
7 - 8 Turn ¼ L Step Lf forward, Touch Rf beside Lf

III. PADLLE TURN ¼ L (2x), JAZZBOX

1 - 2 Step Rf forward, Turn ¼ L Step Lf in place
3 - 4 Step Rf forward, Turn ¼ L Step Lf in place
5 - 6 Cross Rf over Lf, Step Lf back
7 - 8 Step Rf to side, Step Lf forward

IV. ROCKING CHAIR, SWAY R-L-R-L

1 - 2 Step Rf forward, Recover on Lf
3 - 4 Step Rf back, Recover on Lf
5 - 6 Step Rf to side Sway R, Sway L
7 - 8 Sway R, Sway L

Enjoy the dance

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