

Strut Your Lead Out

COPPERKNOB
BY STEPHEN

拍數: 24 牆數: 2 級數: Improver
編舞者: Daniel Exton (UK) - June 2024
音樂: Pencil Full of Lead - Paolo Nutini



Intro: 12 Counts. Start at approx. 6 secs.

SEC 1 TOE STRUT V STEP, BOX FORWARD, SIDE AND ¼ TURN

1&2& Toe Strut Right out, Right foot down, Toe Strut Left Out, Left foot down
3&4& Toe Strut Right in, Right foot down, Toe Strut Left In, Left foot down
5&6 Right to Right side, Left next to Right, Right foot forward
7&8 Left to Left side, Right next to Left, Left foot forward with ¼ turn Left (9:00)

SEC 2 CROSS STRUT, SIDE STRUT, CROSS STRUT, SIDE STRUT, CROSS AND SIDE, WEAVE

1&2& Toe Strut Right over Left, Right foot down, Toe Strut Left to Left side, Left foot down
3&4& Toe Strut Right over Left, Right foot down, Toe Strut Left to Left side, Left foot down
5&6 Cross Rock Right over Left, Recover onto Left, Right to Right side
7&8& Left over Right, Right to Right side, Left behind Right, Right to Right side

SEC 3 HEEL, RETURN ¼, HEEL, RETURN, HEEL, RETURN ¼, HEEL, RETURN, VAUDEVILLE, JAZZBOX ¼

1&2& Left Heel out, Return Left foot with ¼ turn Right, Right heel out, Return Right foot (12:00)
3&4& Left Heel out, Return Left foot with ¼ turn Right, Right heel out, Return Right foot (3:00)
5&6& Left cross over Right, Right to Right side, Left heel out, Left foot down
7&8& Cross Right over Left, Left foot back, Right to Right side with ¼ turn Right, Left next to Right (Weight on L) (6:00)