

# Heavenly Day

COPPER KNOB  
BY STEPHEN METZ

拍數: 32      牆數: 2      級數: Beginner  
編舞者: M. Vasquez (UK) - July 2024  
音樂: Heavenly Day - Patty Griffin



Note: Dance starts on Main Vocal

## Section 1 (1-8) Side-Together-Forward, Side-Together-Forward, Step/Rock Side, Recover, Behind-Side-Cross

1&2      Step R foot to R side, step L foot next to R, step forward on R  
3&4      Step L foot to L side, step R foot next to L, step forward on L  
5-6      Step/Rock R foot to R side, recover weight to L  
7&8      Cross R foot behind L, step L foot to L side, cross R foot over L

## Section 2 (9-16) Step/Rock Side, Recover with ¼ Turn, L Coaster Step, Step/Rock Side, Recover, Side-Together-Side

1-2      Step/Rock L foot to L side, recover weight onto R and pivot ¼ turn L  
3&4      Step back on L foot, step R foot next to L, step forward on L foot  
5-6      Step/Rock R foot to R side, recover weight to L  
7&8      Step R foot to R side, step L foot next to R, step R foot to R side

## Section 3 (17-24) Turn ¼ R and Side-Together-Side, Turn ¼ R and Side-Together-Side, L Shuffle Forward, Step/Rock Forward, Recover

1&2      Turning ¼ R step L foot to L side, step R foot next to L, step L foot to L side  
3&4      Turning ¼ R step R foot to R side, step L foot next to R, step R foot to R side  
5&6      Step forward on L foot, step R foot next to L, step forward on L  
7-8      Step/Rock forward on R foot, recover back on L foot

## Section 4 (25-32) R Coaster Step, L Cross Samba, Cross, ¼ Turn R, Back, Side, Step L Forward, Touch

1&2      Step back on R foot, step L foot next to R, step forward on R  
3&4      Cross L foot in front of R, step R foot to R side, step L foot next to R  
5&6      Cross R foot over L, turn 1/4 R stepping L foot back, step R foot to R side  
7-8      Step forward on L foot, touch R toe next to L foot