

Silver Wings

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Ron Tate (UK) - July 2024
音樂: Silver Wings - Derek Ryan : (CD: Made of Gold - iTunes & Amazon)



Count In: Dance starts on the word "Wings" (10 seconds in)

Tag(s): There is ONE Tag/Restart danced TWICE after 32 counts in walls 2 & 4

Section (1) Grapevine (R), Chasse (R), Rock Steps Wall

1 – 2 STEP (R) to SIDE, CROSS (L) behind (R)
3 – 4 STEP (R) to SIDE, CROSS (L) over (R)
5 & 6 STEP (R) to SIDE, STEP (L) next to (R), STEP (R) to SIDE
7 – 8 ROCK BACK (L), ROCK FORWARD (R)

Section (2) Grapevine (L), Chasse (L), Rock Steps

1 – 2 STEP (L) to SIDE, CROSS (R) behind (L)
3 – 4 STEP (L) to SIDE, CROSS (R) over (L)
5 & 6 STEP (L) to SIDE, STEP (R) next to (L), STEP (L) to SIDE
7 – 8 ROCK BACK (R), ROCK FORWARD (L)

Section (3) Extended Rumba Box (Back)

1 – 2 STEP (R) to SIDE, STEP (L) next to (R)
3 & 4 STEP BACK (R), STEP (L) next to (R), STEP BACK (R)
5 – 6 STEP (L) to SIDE, STEP (R) next to (L)
7 & 8 STEP FORWARD (L), STEP (R) next to (L), STEP FORWARD (L)

Section (4) Side, Touch, Side, Touch, Jazz Box

1 – 2 STEP (R) to SIDE, TOUCH (L) next to (R)
3 – 4 STEP (L) to SIDE, TOUCH (R) next to (L)
5 – 8 CROSS (R) over (L), STEP BACK (L), STEP (R) to SIDE, STEP FORWARD (L)

Section (5) Side, Turn, Cross Shuffle, Side, Turn Forward Shuffle

1 – 2 STEP (R) to SIDE, Make a ¼ TURN (L) stepping (L) to SIDE 9 o'clock
3 & 4 CROSS (R) over (L), STEP (L) to SIDE, CROSS (R) over (L)
5 – 6 STEP (L) to SIDE, Make a ¼ TURN (R) stepping (R) to SIDE 12 o'clock
7 & 8 STEP FORWARD (L), STEP (R) next to (L), STEP FORWARD (L)

Section (6) Rock Steps, Shuffle Turn, Rock Steps, Coaster

1 – 2 ROCK FORWARD (R), ROCK BACK (L)
3 & 4 SHUFFLE ½ TURN (R) stepping (R L R) 6 o'clock
5 – 6 ROCK FORWARD (L), ROCK BACK (R)
7 & 8 STEP BACK (L), STEP (R) next to (L), STEP FORWARD (L)

Section (7) Cross, Side, Heel Tap, Together, Cross, Side, Heel Tap, Together

1 – 2 CROSS (R) over (L), STEP (L) to SIDE
3 – 4 TAP (R) HEEL to (R) DIAGONAL, STEP (R) next to (L)
5 – 6 CROSS (L) over (R), STEP (R) to SIDE
7 – 8 TAP (L) HEEL to (L) DIAGONAL, STEP (L) next to (R)

Section (8) Cross Rocks, Side Rocks, Back Rock, Forward Rock, (2x) Walks

1 – 2 CROSS ROCK (R) over (L), ROCK BACK (L)
3 – 4 SIDE ROCK (R), SIDE ROCK (L)
5 – 6 ROCK BACK (R), ROCK FORWARD (L)

NB. Dance ends at this point facing 6 o'clock.
To end facing front STEP FORWARD (R), PIVOT ½ TURN (L)

7 – 8 WALK FORWARD (R) WALK FORWARD (L)
REPEAT STEPS

-TAG/RESTART: The Tag is danced TWICE, both times at the end of Section 4 (Jazz Box)
during Wall 2 (facing 6 o'clock) and Wall 4 (facing 12 o'clock)

-4 COUNT ROCKING CHAIR

1 – 4 ROCK FORWARD (R), ROCK BACK (L), ROCK BACK (R), ROCK FORWARD (L)
