

Good To Be

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Hiroko Carlsson (AUS) - July 2024
音樂: Good To Be - Mark Ambor : (Spotify/YouTube Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Side-Touch R-L, Side-Together, Step-Lock-Step, Step-Pivot 1/4R, Box 1/8L

1&2& Step R to the side, Touch L next to R, Step L to the side, Touch R next to L
3& Step R to the side, Step L together
4&5 Step forward on R, Lock L behind R, Step forward on R
6& Step forward on L, Make a ¼ turn right recover weight on R (3:00)
7&8& Cross L over R, Make a ½ turn left stepping back on R (1:30), Step L to the side, Step forward on R

[S2] Fwd, Step-Pivot 1/2L-1/2L, Coaster into Heel-Touch-Heel-Touch-Flick-&-Flick

1 2& Step forward on L, Step forward on R, Make a ½ turn left recover weight on L (7:30)
3 4& Make a ½ turn left stepping back on R (1:30), Step back on L, Step R next to L
5&6& Touch L heel forward, Touch L next to R, Touch L heel forward, Touch L next to R
7&8 Step down on L and flick R back at the same time, Step R in place, Step down on L and flick R back at the same time

[S3] Step-Pivot 1/4L, Samba Step 1/4R, Fwd-Step-Pivot 1/2L, Samba 1/4R, Run-Run, Step-Pivot 1/2R

1& Step forward on R, Make a ¼ turn left recover weight on L (10:30)
2&3 Step forward on R, Make a ¼ turn right stepping (rock) L to the side (1:30), Replace R to the side
&4& Step forward on L, Step forward on R, Make a ½ turn left recover weight on L (7:30)
5&6 Step forward on R, Make a ¼ turn right stepping (rock) L to the side (10:30), Replace R to the side
7& Run forward on L-R
8& Step forward on L, Make a ½ turn right recover weight on R (4:30)

[S4] Mirrored K Step, Fwd Rock-Back, 7/8 Triple R Turn-&

1&2& Diagonal step forward on L, Touch R beside L, Diagonal step back on R, Touch L beside R
3&4& Diagonal step back on L, Touch R beside L, Diagonal step forward on R, Touch L beside R (facing 4:30)
5&6 Rock forward on L, Replace weight on R, Step back on L
7&8 Make a ¾ turn right triple step on R-L-R (3:00)
& Slightly stepping forward on L

Restart and 4-counts Tag on Wall 2 count 16 (4:30-6:00) and Wall 5 count 16 (1:30-3:00)

Tag - Box Step 1/8R

1 2 Cross R over L, Make a ½ turn right stepping back on L (square up)
3 4 Step R to the side, Step L next to R

Ending suggestion: The last wall starts facing 9:00. Dance up to Section 2 count 8 (10:30). Make a ½ turn right stepping forward on R (12:00)

(updated: 10/July/2024)