Thicc as Thieves

拍數: 48

級數: Improver - Country

編舞者: Taren Gaia (SA) - June 2024

音樂: Thicc As Thieves - Lauren Alaina

Intro: 16 count after the intro build up, start with vocals.

[1-8] Side Rock Recover, weave, Stomp, 1/4 Sailor

- 1-2 Step RF to R Side, Recover weight onto LF
- 3&4 Step RF behind LF, Step LF to L Side, Step RF over LF
- 5-6 Stomp LF to L Side, Hold
- 7&8 Step RF behind LF, making a 1/4 turn L step LF Fwd, Step RF to R Side

[9-16] Sailor Step, ¼ Sailor Step, ¼ Pivot, ¼ Pivot Tap

- Step LF being RF, Step RF to R side, Recover weight to LF 1&2
- 3&4 Step RF behind LF, making a 1/4 turn L step LF to L side, Step RF Fwd
- 5-6 Step LF Fwd, making a 1/4 turn R Step RF Fwd
- 7-8 Step LF Fwd, making a 1/4 turn tap RF to LF

[17-24] Side Switches, Heel dig, Hitch, Triple Steps x2

- 1&2& Finish sweep stepping RF to over LF, step LF to L side, Step RF behind LF
- 3-4 Dig R heel Fwd, Hitch R leg
- 5&6 Step RF Fwd, Step LF to RF, Step RF Fwd
- 7&8 Step LF Fwd, Step RF to LF, Step LF Fwd

[25-32] Rock Recover, ½ turn triple step, ½ pivot, triple step

- Step Rf Fwd, Recover weight to LF 1-2
- 3&4 Making a ¼ turn R step RF to R side, Step LF to RF, making a ¼ turn R step RF Fwd
- 5-6 Step LF Fwd, making a 1/2 turn transfer weight to RF
- Step LF Fwd, Step RF to LF, Step LF Fwd 7&8

[33-40] Point, Cross Step, Point, Cross Step, Slow 1/4 turn with Shimmies

- 1-2 Point Rf to R side, Step RF over LF
- 3-4 Point LF to L side, Step LF over RF
- 5-8 Make a slow 1/4 turn pivot R finishing with weight on RF (as your turn shimmy shoulders)

[41-48] Syncopated Cross Rocks, Ball Cross, 1/2 Pivot with heel bounces

- 1-2& Cross LF over RF, recover weight to LF, Step LF to L side
- 3-4 Cross RF over LF, recover weight to RF,
- &5 Step RF to L side, Step LF Fwd
- 6-8 Make a ¹/₂ turn bouncing heels as you turn. Finish with weight on LF

Repeat – No tags, No restarts

Contact: taren,gaia@gmail.com

Please feel free to use different music but do not alter the step sheet without notifying the choreographer first.





牆數: 4