

Please Please Please Sabrina

COPPERKNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Saniang Ludjen (INA) - July 2024
音樂: Please Please Please - Sabrina Carpenter



No tag and No restart

I. ANCHOR STEP R-L, COASTER STEP, KICK BALL CHANGE

1&2 Step R back, step L in place, step R in place
3&4 Step L back, step R in place, step L in place
5&6 Step R back, step L together, step R forward
7&8 Kick L forward, step L in place, step R forward

II. TOUCH HEEL R-L, ¼ L COASTER STEP, ¼ R SIDE, TOUCH, ½ L CROSS SHUFFLE

1-2 Touch heel R in place while bend L knee, touch heel L in place while bend R knee
3&4 ¼ Turn left step L back, step R together, step L forward (9.00)
5-6 ¼ Turn right step R to side, touch L beside R (12.00)
7&8 ½ Turn left step L forward, step R to side, cross L over R (6.00)

III. CROSS SAMBA, CROSS, ¼ L BACK, HEEL, COASTER STEP, DIAGONAL R-L

1&2 Cross R over L, step L to side, step R in place
3-4 Cross L over R, ¼ turn left step R back (3.00)
5&6 Step L back, step R together, step L forward
7-8 Step R to diagonal while drag L toward R, step L to diagonal while drag R toward L

IV. ¼ L HEEL, ½ L FORWARD, HEEL, ¼ L FORWARD, ½ R FORWARD, FORWARD, ½ R FORWARD

1-2 ¼ Turn left step R back while touch L heel forward, recover on L (12.00)
3-4 Step R forward while ½ turn left touch L heel in place, recover on L (6.00)
5&6 ¼ Turn left step R forward (3.00), recover on L, ½ turn right step R forward (9.00)
7&8 Step L forward, ½ turn right recover on R, step L forward (3.00)

Enjoy the dance!

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