

Allt Det Vackra

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Anna-Maria Mejlon (SWE) - July 2024
音樂: Allt det vackra - Benjamin Ingresso



Intro: 8 counts

****4 tags and 2 restarts in this dance

step fwd sweep cross, lock step back, sway x2 behind side cross and

1-2 step fwd on R sweep L and cross over R
3&4 step back on R, cross L slightly over R, step back on R
5-6 sway hips to the L, sway hips to the R (weight on R)
7&8& step L behind R, step R to right side, cross L over R, step R to right side

step fwd sweep cross, lock step back, sway x2 behind turn ¼ step

1-2 step fwd on L sweep R and cross over L
3&4 step back on L, cross R slightly over L, step back on L
5-6 sway hips to the R, sway hips to the L (weight on L)
7&8 step R behind L, turn ¼ to the left stepping fwd on L, step fwd on R

step turn ½ shuffle fwd, rock recover cross x2

1-2 step fwd on L turning ½ to the right (weight on R)
3&4 step fwd on L, step R next to L, step fwd on L
5&6 rock R to right side, recover on to L, cross R over L
7&8 rock L to left side, recover on to R, cross L over R

step turn ½, full turn, rocking chair

1-2 step fwd on R turning ½ to the left (weight on L)
3-4 turn ½ to the left stepping back on R, turn ½ to the left stepping fwd on L
5-6 rock fwd on R, recover on to L
7-8 rock back on R, recover on to L

Tag 1 after Wall 1:

1-2-3-4 cross unwind full turn step fwd on L

Tag 2 on Wall 3 after 16 counts:

&1-2-3-4 step fwd on L, jazz box

Tag 3 after Wall 4:

1-2 sway x2

Tag 4 after Wall 8:

1-2-3-4 cross unwind full turn step fwd on L

Restart on Wall 6 after 16 counts (behind turn ¼ touch - start again)

Restart on Wall 7 after 28 counts

Ending: after 14 counts you do a cross unwind full turn after the sways

To translate some of the lyrics, the song is about not regretting things we do, that all sorrows fade away and becomes happy moments. We have all the beautiful things ahead of us...

Hope you will enjoy this dance as much as I do!

