

My Espresso

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Bambang Satiyawan (INA) - July 2024
音樂: Espresso - Sabrina Carpenter



Start dance on vocal,

SECTION I. WALK-MAMBO STEP-BACK WALK-ANCHOR STEP

1 - 2 Walk RF-LF
3&4 Step RF forward, Step LF in place, Step RF back
5 - 6 Back Walk LF-RF
7&8 Step LF behind RF, Step RF in place, Step LF in place

*Restart here on wall 5

SECTION II. CROSS-SIDE-SAILOR STEP(RF-LF)

1 - 2 Cross RF over LF, Step LF to side
3&4 Cross RF behind LF, Step LF to side, Step RF to side
5 - 6 Cross LF over RF, Step RF to side
7&8 Cross LF behind RF, Step RF to side, Step LF to side

SECTION III. JAZZBOX MODIFICATION TURN 1/4 RIGHT WITH CHASSE-(CROSS MAMBO,LF-RF)

1 - 2 Cross RF over LF, Turn 1/4 right Step LF back
3&4 Step RF to side, Close LF beside RF, Step RF to side
5&6 Cross LF over RF, Step RF in place, Step LF to side
7&8 Cross RF over LF, Step LF in place, Step RF to side

SECTION IV. KICK BALL SIDE TOUCH (LF-RF)-FORWARD STEP-LOCK-HOLD-TURN 1/2 RIGHT

1&2 Kick LF forward, Ball LF beside RF, Touch RF to side
3&4 Kick RF forward, Ball RF beside LF, Touch LF to side
5 - 6 Step LF forward, Lock RF behind LF
7 - 8 Hold, Turn 1/2 right Weight still on RF (when you turn just lift up your RF heel slightly and drop the heel when you finish the turn) and your LF still point on the floor

Enjoy the dance,

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