

Lo Malo

拍數: 32 牆數: 4 級數: Improver - Samba
編舞者: mBah Wir (INA) & Mega Lienatha Lie (INA) - July 2024
音樂: Lo Malo (Samba 51 BPM) (feat. Zero) - DJ Maksy



Intro: 8 Count

No Tag – 1 Restart

S1: PROGRESSIVE SAMBA, ¼ RIGHT SOLO SPOT VOLTAS, SIDE SAMBA

1a2 Step R forward (1), Step L beside R (a), Step R in place
3a4 Step L to side (3), Step R next to L (a) Step L in place (4)
5a6 Make ¼ right turn step R forward (5), Make ½ right turn step on ball of L back (a), Step R forward (6) 09.00
7a8 Step L forward (7), Rock R to side (a), Recover on L (8)

S2: ¼ DIAMOND, SAMBA WHISK (RIGHT, LEFT)

1&2& Cross R over L (1), Step L to side (&), Step R back diagonally right (2), Lift L knee up (&)
3&4 Step L back (3), Make 1/8 right turn step R to side (&), Step L forward (4) 12.00
5a6 Step R to side (5), Cross L behind R (a), Step R in place (6)
7a8 Step L to side (7), Cross R behind L (a), Step L in place (8)

S3: VOLTA ½ RIGHT, SIDE MAMBO (LEFT, RIGHT)

1& Turn 1/8 right step R forward (1), lock L behind R (&) 1.30
2& Turn 1/8 right step R forward (2), Lock L behind R (&) 3.00
3& Turn 1/8 right step R forward (3), Lock L behind R (&) 4.30
4 Turn 1/8 right step R forward (4) 6.00
5a6 Rock LF to L (5) Recover onto RF (a), Close LF next to RF (6)
7a8 Rock RF to R (7), Recover onto LF (a) Step RF next to LF (8)

S4: CROSS OVER, ¼ LEFT BACK, SIDE, WALK, WALK, CROSS SAMBA, CROSS SHUFFLE

1a2 Cross LF over RF (1), Make ¼ left turn step RF back (a), Step LF to side (2)
3-4 Step RF forward (3), Step L forward (4) 3.00
5a6 Cross RF over LF (5), Step LF to side (a), Step RF in place (6)
7&8 Cross LF over RF (7), Step RF to side (&), Cross LF over RF (8)

Begin again.

Restart during Wall 3 after 16 count. Start dance facing 6o'clock

For more questions about this dance please contact us at: jfdc2009@gmail.com .or.
lienathamega@gmail.com