

# Nuo Yan (诺言)

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Phrased Intermediate  
編舞者: Shirley Bang (MY), Adeline Cheng (MY) & Penny Tan (MY) - July 2024  
音樂: Nuo Yan (諾言) (Live) - Gean Lim (林必嬭)



Dance start from vocal.

Tag x2 / No Restart

\*Tag after W2 & W6 , both facing 12:00

Tag 4&C:Side,Touch (R-F) , Sways

1&2&      Step RF to R , touch LF next to RF , step LF to L , touch RF next to LF

3&4&      Step RF to R with sway RLRL

SOD: AA Tag (4C) BB AA Tag (4C) BB A (16C)

Part A (32C)

SEC1:FWD , RECOVER , TOGETHER , FWD , RECOVER, BACK , BACK WITH SWEEP , BACK WITH SWEEP ,BEHIND , SIDE , CROSS , RECOVER

1-2&      Press RF fwd , recover on L , step RF next to LF

3-4&      Press LF , recover on R , step LF back

5-6      Step RF back with sweep , step LF back with sweep

7&8&      Step RF behind LF , step LF to L , cross RF over LF , recover on L

SEC2:BASIC NIGHT CLUB (R-L) , FWD ,BEHIND TOUCH , STEP , KICK , BACK , HOOK , FWD

1-2&      Big step RF to R , slightly cross LF behind RF , recover on R

3-4&      Big step LF to L , slightly cross RF behind LF , recover on L

5&6&      Step RF fwd , touch LF behind RF , step LF back on L , kick RF fwd

7&8      Step RF back , hook LF over RF , step LF fwd

SEC3:SIDE , BEHIND, SIDE,CROSS , SWAY R-L , BEHIND, ¼ TURN L FWD, FWD, FWD

1-2&3      Step RF to R , step LF behind RF ,step RF to R, cross LF over RF

4-5      Step RF to R with sway R ,step on L with sway L

6&7-8      Step RF behind LF , ¼ turn L , step LF , step RF fwd ,step LF fwd (9:00)

SEC4:CHASE 1/2 TURN L , FULL TURN R , DIAMOND ¼ TURN R

1&2      Step RF fwd ,pivot ½ turn onto L ,step RF fwd (3:00)

3&4      ½ turn R ,step LF back , ½ turn R , step RF fwd , step LF fwd (3:00)

5&6      Cross RF over LF , 1/8 turn R , step LF slightly to L , step RF back with hitch L

7&8      Step LF behind RF , 1/8 turn R , step RF to R , step LF fwd (6:00)

Part B (32C)

SEC1:SYNCOPATED WEAVE, CROSS , ¼ TURN R STEP BACK ,FWD , FWD SHUFFLE , PIVOT ¼ TURN R

1&2&      Cross RF over LF , step LF to LF , step RF behind LF ,step LF to L

3&4      Cross RF over LF , ¼ turn R , step LF back , step RF fwd

5&6      Fwd shuffle L-R-L

7-8      Step RF fwd , 1/4 turn L , step LF on L

SEC2:Repeat SEC1

SEC3:SCISSORS CROSS RF , RUMBA BOX

1&2      Step RF to R , step LF next to RF ,cross RF over LF

3&4      Step LF to L ,step RF next to LF, cross LF over RF

5&6 Step RF to R , step LF next to RF , step RF fwd  
7&8 Step LF to L , step RF next to LF , step LF back

**SEC4:BACK , HOOK , FWD SHUFFLE , PIVOT 1/2 TURN L FWD TOGETHER**

1&2& Step back R-L-R , hook LF over RF  
3&4 Fwd shuffle L-R-L  
5-6 Step RF fwd , ½ turn L , step LF fwd  
7-8 Step RF fwd , step LF next to RF

**Last Update: 4 Nov 2024**

---