

# Waltz 3:16

拍數: 48      牆數: 4      級數: Improver / Intermediate  
編舞者: Melissa Lau (NZ) - July 2024  
音樂: 3:16 - Anne Wilson



Intro: 24 counts

## FWD, HITCH, BACK, SWEEP

1, 2, 3      Step L fwd, hitch R knee up over 2 counts (12:00)  
4, 5, 6      Step R back, sweep L from front to back over 2 counts

## BEHIND, SIDE, CROSS, SWEEP

1, 2, 3      Step L behind R, step R to side, hold  
4, 5, 6      Step L across R, sweep R from back to front over 2 counts

## TWINKLE ½ TURN RIGHT, FWD, SWEEP

1, 2, 3      Step R across L, turn ¼ right stepping L back (3:00), turn ¼ right stepping R to side (6:00)  
4, 5, 6      Step L fwd, sweep R from back to front over 2 counts

## FWD, SWEEP, FWD, POINT, HOLD

1, 2, 3      Step R fwd, sweep L from back to front over 2 counts  
4, 5, 6      Step L fwd, point R to side, hold

## BACK, SWEEP, SAILOR

1, 2, 3      Step R back, sweep L from front to back over 2 counts  
4, 5, 6      Cross left behind R, step R to side, step L in place

## BACK, SWEEP, SAILOR ¼ RIGHT

1, 2, 3      Step R back, sweep L from front to back over 2 counts  
4, 5, 6      Cross left behind R, turn ¼ right stepping R fwd, hold (9:00)

## FWD LUNGE, RECOVER, ½ TURN LEFT, PIVOT ½ LEFT

1, 2, 3      Lunge fwd on L over 2 counts, recover weight on R  
4, 5, 6      Turn ½ left stepping L fwd (3:00), step R fwd, pivot ½ turn left transferring weight to L (9:00)

## FWD, DRAG, BACK, TOGETHER, HOLD

1, 2, 3      Step R fwd, slide L to R over 2 counts  
4, 5, 6      Step L back, step R next to L, hold

## \* TAG #1: 6-count Tag at the end of wall 3 (facing 3:00)

### FWD WALTZ, BACK WALTZ

1, 2, 3      Step L fwd, step R next to L, step L next to R  
4, 5, 6      Step R back, step L next to R, step R next to L

## \* TAG #2: 18-count Tag at the end of wall 5 (facing 9:00) and wall 6 (facing 6:00)

### FWD WALTZ, BACK WALTZ

1, 2, 3      Step L fwd, step R next to L, step L next to R  
4, 5, 6      Step R back, step L next to R, step R next to L

## L TWINKLE, R TWINKLE

1, 2, 3      Cross L over R, step R slightly to side, step L in place  
4, 5, 6      Cross R over L, step L slightly to side, step R in place

## FWD, SWEEP, FWD, SWEEP

1, 2, 3            Step L fwd, sweep R from back to front over 2 counts  
4, 5, 6            Step R fwd, sweep L from back to front over 2 counts

**\* ENDING: after 18 counts, step R fwd, turn  $\frac{1}{4}$  right sweeping L out and point to the side, to finish at the front**

**This dance was choreographed as a split floor for Improver-Intermediates to beginner dance  
'Waltz 3:16 (Easy)'.**

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