

Only Way Is Through

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Nate Golden (USA) - July 2024
音樂: Through - Fancy Hagood : (Amazon.com & iTunes)



TAG: 8 Count Tag- done twice, with restart: Wall 3 & Wall 8 after 16 Counts.

#16 Count Intro

[1-8] Forward Touch, Step Sweep, Behind Side Cross Side

1-2 Step R Fwd, Touch L Toe Behind R
3-4 Step L to left slightly back, Sweep R Foot from front to back
5-8 Cross R behind L, Step L to left side, Cross R in front of L, Step L to left side

[9-16] Step Back ¼ Turn Right, Kick, Rock back, Step Hitch 2X

1-2 Step R Back Turning ¼ to Right, Kick L Fwd (3:00)
3-4 Rock L Back, Recover on R
5-6 Step L Fwd, Hitch R Knee Up
7-8 Step R Fwd Hitch L Knee Up

***Tag Here on Wall 3 & 8, then Restart**

[17-24] Vaudevilles L, R

1-4 Cross L over R, Step R to side, Touch L heel Fwd on Left Diagonal, Step L beside R,
5-8 Cross R over L, Step L to side, Touch R heel fwd on Right Diagonal, Step R next to L

[25-32] Modified Jazz Box with Claps, Run Run

1-2 Cross L over R, Clap & Hold
3-4 Step R Back, Clap & Hold
5-6 Step L Back, Clap & Hold
7-8 Step R fwd, Step L fwd

TAG 8 Count: L Jazz Box

1-2 Cross L over R, Hold
3-4 Step back R, Hold
5-6 Step L to left side, Hold
7-8 Touch R next to L, Hold

Choreographer's Note: During Wall 13 (12:00) The music begins to drop out and Fancy slows down vocally, into a moment of silence for 8 counts (25-32)- JUST KEEP DANCING through it! It picks right back up into the top of the dance & you'll dance it 4 more times! Add some style! Angle those knees out on the Hitches in Section 9-16, and have FUN!

Last Update: 8 Jul 2024