

Louie Lou I

拍數: 32 牆數: 2 級數: Improver
編舞者: Jamie Marshall (USA) - July 2024
音樂: Brother Louie - Stories



#32 Count Intro - No Tags / No Restarts

A. SLIDE, TAP, KICK-BALL-CROSS (2X), SCISSOR

1,2 Long step R to R (1), Tap L next to R (2)
3&4 Kick L forward (3), Step L back (&), Cross R over L (4)
5&6 Kick L forward (5), Step L back (&), Cross R over L (6)
7&8 Step L to L (7), Step R next to L (&), Cross L over R (8) (12:00)

B. KICK-BALL-CROSS (2X), SCISSOR, TRIPLE L

1&2 Kick R forward (1), Step R back (&), Cross L over R (2)
3&4 Kick R forward (3), Step R back (&), Cross L over R (4)
5&6 Step R to R (5), Step L next to R (6), Cross R over L (6)
7&8 Step L to L (7), Step R next to L (&), Step L to L (8) (12:00)

C. BACK ROCK, LOCK STEP FORWARD, ¼ PIVOT, ¼ PIVOT

1,2 Rock R back (1), Recover onto L (2)
3&4 Step R forward (3), Lock L behind R (&), Step R forward (4)
5,6 Step L forward (5), Pivot ¼ R, stepping R in place (6) (3:00)
7,8 Step L forward (7), Pivot ¼ R, stepping R in place (8) (6:00)

D. ROCK, RECOVER, HOP BACK, HOLD, HIP ROLLS

1,2 Step L forward (1), Recover onto R (2)
&3,4 Small jump back L to L (&), Step R to R (3), Hold (4)
5,6 2 count hip roll, counter-clockwise, taking weight onto L (5,6)
7,8 2 count hip roll, clockwise, touching R in place, keeping weight on L (7,8)