New Rules



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音樂: New Rules - Dua Lipa



Intro: 16counts

Restarts: On Wall 6 After-16 counts(12:00)

Tag :After Wall 3(9:00), Wall 7(3:00) & Wall 10(12:00)

SECTION 1:CROSS ROCK RECOVER, CHASSE, CROSS ROCK RECOVER, 1/4TURN L SHUFFLE

1-2 Cross RF over LF, recover on LF

3&4 Step RF to R side, step LF next to R, step RF to R side

5-6 Cross LF over RF, recover on RF

7&8 Step LF to L side, step RF next to L, 1/4turn L step LF forward

SECTION 2: SAMBA(R,L), ROCKING CHAIR

1&2 Cross RF over LF, Ball step LF to L, recover on RF3&4 Cross LF over RF,Ball step RF to R, recover on LF

5-8 Rock RF forward, recover on LF, Rock RF back, recover on LF

SECTION 3: WEAVE TOUCH, WEAVE FLICK

1-4 Cross RF over LF, step LF to L, step RF behind L, touch LF to L side

5-8 Cross LF over RF, step RF to R, step LF behind R, RF flick

SECTION 4: CROSS SHUFFLE, 1/2TURN L CROSS SHUFFLE, V STEP

1&2 Cross RF over LF, step LF to L. cross RF over LF

3&4
1/2 turn L Cross LF over RF, step RF to R, cross LF over RF
5-6
Step RF to R diagonal forward, step LF to L diagonal forward

7-8 Step RF back to center, step LF next to R

TAG: ROCKING CHAIR

1-4 Rock RF forward, recover on LF, Rock RF back, recover on LF

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