

Comfort Zone

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Roberto Bresciani (IT) - July 2024
音樂: Meanwhile Back at Mama's (feat. Faith Hill) - Tim McGraw



Start with lyric – 5 Tags

(S1) Point, Touch, Point, Hold, Slow Coaster Step, Hold

1-2 Touch Right Toe to Right Side; Touch Right Toe Behind Left
3-4 Touch Right Toe to Right Side; Hold
5-6 Step Right Back; Step Left Beside Right
7-8 Step Right Forward; Hold

(S2) Point, Touch, Point, Hold, Slow Coaster Step, Hold

1-2 Touch Left Toe to Left Side; Touch Left Toe Behind Right
3-4 Touch Left Toe to Left Side; Hold
5-6 Step Left Back; Step Right Beside Left
7-8 Step Left Forward; Hold

(S3) Weave Right, Modified Grapevine, Hold

1-2 Step Right to Right Side; Cross Left Behind Right
3-4 Step Right to Right Side; Cross Left Over Right
5-6 Step Right to Right Side; Cross Left Left to Left Side
7-8 Rock Right to Right Side & Flick Back Left; Hold

(S4) Weave Left, Stride, Slide, Stomp Up, Hold

1-2 Step Left to Left Side; Cross Right Behind Left
3-4 Step Left to Left Side; Cross Right Over Left
5-6 Long Step Left to Left Side; Stride Right Beside Left
7-8 Stomp Up Right Beside Left; Hold

(S5) Rock Step Right, Rock Step Turn 1/4 Right, Slow Coaster Step Right, Hold

1-2 Rock Right Forward; Recover onto Left
3-4 Turn 1/4 Right & Rock Right Forward; Recover onto Left
5-6 Step Right Back; Step Left Beside Right
7-8 Step Right Forward; Hold

(S6) Rock Step Left, Rock Step Turn 1/4 Left, Slow Coaster Step Left, Hold

1-2 Rock Left Forward; Recover onto Right
3-4 Turn 1/4 Left & Rock Left Forward; Recover onto Right
5-6 Step Left Back; Step Right Beside Left
7-8 Step Left Forward; Hold

(S7) Rock Step Right, Toe Strut Turn, Toe Strut Turn, Toe Strut Turn

1-2 Rock Right Forward; Recover onto Left
3-4 Turn 1/2 Right & Touch Right Toe Forward; Step Right in Place
5-6 Turn 1/2 Right & Touch Left Toe Back; Step Left on Place
7-8 Turn 1/2 Right & Touch Right Toe Forward; Step Right on Place

(S8) Rocking Chair Left, Scuff Left, Hitch, Stomp Left, Hold

1-2 Rock Left Forward; Recover onto Right
3-4 Rock Left Back; Recover onto Right

- 5-6 Scuff Left Beside Right; Hitch Left Forward
7-8 Stomp Left Beside Right; Hold

TAG1

(At the end of 1° wall - 06.00)

(S1) Modified Sailor Step Right, Rocking Chair Back

- 1-2 Cross Right Behind Left; Step Left to Left Side
3-4 Stride Right to Right Side; Slide Left Beside Right
5-6 Rock Left Back; Recover onto Right
7-8 Rock Left Forward; Recover onto Right

(S2) Modified Sailor Step Left, Rocking Chair

- 1-2 Cross Left Behind Right; Step Right to Right Side
3-4 Stride Left to Left Side; Slide Right Beside Left
5-6 Rock Right Forward; Recover onto Left
7-8 Rock Right Back; Recover onto Left

(S3) Pivot 1/2 Left (twice), Stride, Slide

- 1-2 Step Right Forward; Turn 1/2 Left
3-4 Step Right Forward; Turn 1/2 Left
5-6 Stride Right to Right Side; Slide Left (6-7-8)

(S4) Pivot 1/2 Right (twice), Stride, Slide

- 1-2 Step Left Forward; Turn 1/2 Right
3-4 Step Left Forward; Turn 1/2 Right
5-6 Stride Left to Left Side; Slide Right (6-7-8)

TAG2

(At the end of 2° wall - 12.00)

(S1) Grapevine Right, Scuff, Rocking Chair

- 1-2 Step Right to Right Side; Cross Left Behind Right
3-4 Step Right to Right Side; Scuff Left Beside Right
5-6 Rock Left Forward; Recover onto Right
7-8 Rock Left Back; Recover onto Right

(S2) Grapevine Left, Scuff, Rocking Chair

- 1-2 Step Left to Left Side; Cross Right Behind Left
3-4 Step Left to Left Side; Scuff Right Beside Left
5-6 Rock Right Forward; Recover onto Left
7-8 Rock Right Back; Recover onto Left

(S3) Weave Right, Scissor Step, Hold

- 1-2 Step Right to Right Side; Cross Left Behind Right
3-4 Step Right to Right Side; Cross Left Over Right
5-6 Step Right to Right Side; Step Left Beside Right
7-8 Cross Right Over Left; Hold

(S4) Weave Left, Scissor Step, Hold

- 1-2 Step Left to Left Side; Cross Right Behind Left
3-4 Step Left to Left Side; Cross Right Over Left
5-6 Step Left to Left Side; Step Right Beside Left
7-8 Cross Left Over Right; Hold

TAG3

(At 3° wall after 32 counts - 12.00)

(S1) Hold for 8 counts

TAG4

(At the end of 6° wall - 06.00)

(S1) Unwind 1/2 Left, Stride, Slide

1-2 Cross Right Over Left; Unwind Left (2-3-4)

5-6 Stride Left Forward; Slide Right (6-7-8)

TAG5

(At the end of 7° wall - 06.00)

(S1) Corkscrew (8 counts)

1-8 Cross Right Over Left; Full Turn Left (2-3-4-5-6-7-8)

Taking weight on left

Roberto Bresciani
