

# From The Islands

拍數: 32      牆數: 4      級數: Low Intermediate  
編舞者: Melody Lee (TW) - June 2024  
音樂: From the Islands (kompa pasión) - φροζι, Jason Derulo & Tomo



## S1: Side Pressx2, Cross Pressx2

1 2 3 4      Press R side, Step R beside L (1 2) Press L side, Step L beside R (3 4)  
5&6      Press R cross L ( 5 ) Recover to L (&) Step R side ( 6 )  
7&8      Press L cross R ( 7 ) Recover to R (&) Step L side (8)

## S2: Cross Rock, Shuffle Steps wz Turn R1/2 , Mambo Steps, Stompx2

1&2      Cross R over L (1) Recover to L (&) Turn 1/4 R Step R fwd (2) 3h  
&3&4      Lock L behind R (&) Turn 1/8 R Step R fwd(3) Lock L behind R(&) Turn 1/8 R Step R  
fwd(4)6h  
5&6      Rock L fwd (5) Recover to R (&) Step L beside R(6)  
7 8      Stomp L beside R (7) Stomp R beside L (8) \*\*\*\*\*Restart :Wall 3 & 5\*\*\*\*\*

## S3: Cross Samba Steps x2, Samba Steps wz Diamond Turn 1/4 R

1&2      Cross R over L ( 1 ) Step L Side (&) Recover to R (2)  
3&4      Cross L over R (3 ) Step R Side (&) Recover to L (4)  
5&6      Cross R over L (5 ) Turn1/8 R Step L back (&) Step R back (6) 7:30h  
7&8      Step L back (7 ) Turn1/8 R Step R side(&) Cross L over R (8) 9h

## S4: Tap, Side Rock, Weave ,Paddle Turn R 1/2

&1 2      Tap R side (&) Dip Rock R side (1) Recover to L (2)  
3&4&5      Cross R behind L(3) Step L side (&) Cross R over L(4) Step L side(&) Cross R over(5)  
6 7 8      Step L side (6) Turn 1/4 R Chug R (7) Turn 1/4 R Chug R (8) 3h