

Black and White

拍數: 32 牆數: 4 級數: Improver
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音樂: Black or White - Michael Jackson



Intro: Fast forward to 0:55 - Start after 32 counts

Section 1: Step diagonal shuffle Right, Step diagonal shuffle Left

1-2 Step forward diagonal on R, Step L behind R
3&4 Shuffle forward R, L, R
5-6 Step forward diagonal on L, Step R behind L
7&8 Shuffle forward L, R, L

Section 2: Step back R step together L, Coaster R, Mambo L

1-2 Step R back, then step L beside R
3-4 Step R back, then step L beside R
5&6 Coaster step back R, step back close L, step forward R
7&8 Rock forward L, recover R, step L next to R

Section 3: Side step right, touch, shuffle right

1-2 Step R out to the R, step L next to R
3&4 Side shuffle R, L, R
5-6 Step L out to the L, step R next to L
7&8 Side shuffle L, R, L

Section 4: Step ¼ turn L, coaster R, Mambo L

1-2 Step forward R, pivot on R ¼ turn Left, L next to R
3&4 Coaster step back R, step back close L, step forward R
5-6 Rock Forward L, recover R
7&8 Shuffle back L, R, L
