

Save Me

拍數: 48 牆數: 4 級數: Intermediate
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音樂: Save Me - Jelly Roll



Motion; Rise & Fall

[1-6] Basic fwd, step back, sweep, behind, 1/4 turn right, step 1/2 turn right

12&a3 Lf foward, Rf beside Lf, Return weight Lf, Rf back, begin Sweep front to back
45&a6 Lf behind Rf, Rf 1/4 turn right, Step Lf foward, (&a), 1/2 turn right

[7-12] Side 1/4 turn right, sways, 1 1/2 full turn left (6:00)

12&a3 Lf 1/4 turn right, sway hip to the left,(1) transfer weight hip right, (2), left,right(&a3)
45&a6 Lf 1/4 left, Rf beside, 3/4 turn left (platform), Rf 1/2 turn left

[13-18] Diagonal left fwd, twinkle right, Diagonal step fwd, shuffle 1/2 turn left

12&a3 Lf diagonal fwd, Rf diagonal fwd, Lf beside Rf, Rf 1/4 right foward
45&a6 Lf fwd, Rf 1/4 turn left, Lf beside Rf, Rf 1/4 turn left back, touch Lf foward begin sweep Lf

[19-24] Sweep, 3/8 turn left, behind, side, cross, side, behind, side, cross, side

12&a3 Sweep Lf front to back, Lf behind Rf 3/8 turn left, Rf to the right, Lf cross over Rf, Rf to the right
45&a6 Lf behind Rf, Rf to the right, Lf cross over Rf, Rf to the right (9:00)

[25-30] Basic 1/2 turn left, step back, point, half diamond 1/2 turn left

12&a3 Lf fwd, Rf next Lf 1/4, recover weight Lf, Rf 1/4 back, point Lf to the left
45&a6 Lf diagonal right fwd, Rf 1/8 turn left, Lf next Rf, Rf 3/8 left back

[31-36] Rock back, recover, step 1/2 turn right, side 1/8 right, sway, drag (6:00)

12&a3 Lf back, recover weight Rf, Lf fwd, 1/2 turn right
45&a6 Lf 1/8 turn right with sway, drag Lf next Rf (weight Rf) (optional hook Lf over Rf)

[37-42] Full turn left, step foward 1/8 right, basic foward, step back, slide

12&a3 Lf 1/4 turn left, Rf next Lf, Lf 3/4 turn left, Rf 1/8 right fwd
45&a6 Lf fwd, Rf next Lf, recover weight Lf, Rf back, slide Lf beside Rf

[43-48] Twinkle left, step foward, shuffle 1/2 turn left, sweep 3/8 turn left

12&a3 Lf foward, Rf next Lf, recover weight Lf 1/4 left, Rf fwd
45&a6 Lf fwd, Rf beside Lf 1/4 turn left, recover weight Lf, Rf 1/4 turn left back, sweep Lf 3/8 left