

My Bam Bam

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Ploy Wantanaporn (THA) & Roosamekto Mamek (INA) - July 2024
音樂: Bam Bam - Shenseea & Myke Towers



Intro: 16 count (approximately 00:11)

TAG : End of wall 2 & 3

S1. DIAGONAL TAP, TOGETHER, DIAGONAL TAP, BACK ROCK, SIDE, HEEL SWITCHES

- 1&2 Tap R diagonal forward – Step R back to center – Tap L diagonal forward (12:00)
3&4 Rock L behind R – Recover on R – Step L to side
5&6& Touch R heel diagonal forward – Step R back to center – Touch L heel diagonal forward –
Step L back to center
7&8& Touch R heel diagonal forward – Step R back to center – Touch L heel diagonal forward –
Tap L back to center with weight on R

Styling option : On count 5&6& hands upward (R & L), and on count 7&8& hands downward to side (R & L)

S2. SIDE TAP, LIFT, SIDE, FORWARD TURN 1/4 LEFT, TOUCH WITH CLAP, PONY STEP

- 1&2 Tap L to side and swivel R toes out (weight on R) – Lift L up (not too high) – Step L to side
(12:00)
3-4 Turn 1/4 left step R forward – Touch L back (bend both knees) (9:00)
5-6 Turn 1/2 left within 2 count then stand straight with weight on L (3:00)
7&8 Step R behind L and lift L up – Step L in place – Step R in place and lift L up

S3. TOGETHER, FORWARD ROCK, V STEP

- &1-2& Step L together – Rock R forward – Recover on L – Step R together (3:00)
3-4& Rock L forward – Recover on R – Step L together
5-8 Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together

S4. DOROTHY STEP, FORWARD ROCK, SIDE TURN 1/4 RIGHT, SIDE STEP, HOLD

- 1-2& Step R diagonal forward – Lock L behind R – Step R diagonal forward (3:00)
3-4& Step L diagonal forward – Lock R behind L – Step L diagonal forward
5-6& Rock R forward – Recover on L – Turn 1/4 right step R to side (6:00)
7-8 Step L slightly to side weight on both feet – Hold (Snap fingers with R&L hand upward to the
side)

REPEAT

Tag (16 count) : End of wall 2 & 3

S1. FLICK FORWARD WITH ARMS STYLE

- 1&2& Flick L forward and with R hand tap the inside edge of foot – Step L back to center – Flick R
forward and with L hand tap the inside edge of Foot – Step R back to center
3&4& Flick L forward and with R hand tap the inside edge of foot – Tap L back to center – Flick L
forward and with R hand tap the inside edge of foot – Step L back to center
5&6& Flick R forward and with L hand tap the inside edge of Foot – Step R back to center – Flick L
forward and with R hand tap the inside edge of foot – Step L back to center
7&8 Flick R forward and with L hand tap the inside edge of foot – Tap R back to center – Flick R
forward and with L hand tap the inside edge of foot

S2. CHUG 3/4 TURN LEFT, JUMP OUT SIDE MAKE TURN 1/4 LEFT, HOLD, HEEL SWIVEL

- 1-4 Turn 1/4 left chug R to side – Turn 1/8 left chug R to side – Turn 1/4 left chug R to side – Turn
1/8 left chug R to side
5-6 Jump with both feet apart make 1/4 turn left weight on both feet – Hold

&7&8 Swivel R heel out bump R hip out/up – Swivel R heel back to center – Swivel L heel out bump
L hip out/up – Swivel L heel back to center

For more info about step sheet & song, please contact:
Ploy : pointshoes17@hotmail.com
Mamek : Roosamekto.Nugroho@gmail.com
