To The New Light



拍數: 32 編數: 4 級數: Absolute Beginner

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音樂: New Light - Jubël: (iTunes & Amazon)



Begin on heavy beat approx. 3 counts after "tonight".

S1. Sway rocking chair x2

1-4 R step forward leading with hip, L step in place, R step back leading with hip, L step in

place.*

5-8 Repeat 1-4

S2. V step x2

1-4 R step diagonally right, L step diagonally left, R back center, L back center

(Optional: Arms sway above from right to left while raising on the ball of the R then L diagonally forward.)

5-8 Repeat 1-4

S3. Stomp, swivel, step touch x2

1-4 R stomp to right side (Option: Hands cross forward from waist and outward to sides on

stomp), turn L heel toward R, then toe, then heel again

5-8 L step back diagonally left, R touch beside L with clap, R step diagonally back right, L touch

beside R with clap

S4. Step, touch, 3/4 run around (option walk)

1-2 L step diagonally forward, R touch beside L with clap

3-8 6 count run 3/4 right, R,L,R,L,R,L

Dance ends at 9:00.

End 3rd 9:00 wall with a R touch beside L.

Last Update: 4 Sep 2024

^{*}At the second 3:00 wall, after the first sway rocking chair (S1 1-4, on lyric "ok"), begin S1 again.