

Bodi Poco-Poco

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mariam SULTENG (INA) & Titi Kasese (INA) - June 2024
音樂: Bodi Poco-Poco (Short Version) (feat. Ardiman & Verno Ledang) - Melki Gare



NO TAG, NO RESTART

S1 . CROSS SAMBA R/L, TRAVELING VOLTA TO LEFT

1&2. Cross R Over L, Ball Step L To L, Recover On R
3&4. Cross L Over R, Ball Step R To R, Recover On L
5&6. Cross R Over L, Ball Step L To L, Cross R Over L, Ball Step L To L,
7&8. Cross R Over L, Ball Step L To L, Recover On R

S2. TURN 1/4 SAMBA WHISK, TURN 1/4 SHUFFLE TWICE

1a2. Step L To left side , Ball Cross R Behind L, Recover On L I
3a4. Step R To R, Ball Cross L Behind R, Recover On R
5&6. Turn 1/4 to left step L to side, R close beside L, L side to left side
7&8. Turn 1/4 to left step, R side to right side, L close beside R, R side to right side

S3. ROCKING CHAIR, V.STEP

1-2-3-4. Step L forward, recover on R, L back, recover on R,
5-6-7-8. Step L forward to side diagonal, R forward to side diagonal, Step L back to center, R back
 beside L

S4.SHUFFLE FORWARD R/L, WALK BACK R/L

1&2&3&4. Step R forward, L forward, R forward, L forward
5-6-7-8. R tap in place, L back, R back, L back

Let's dance an be Happy □□□□□□
