

# Breaking High Hopes

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sebastiaan Holtland (NL) - June 2024  
音樂: High Hopes - Chris Housman



Intro: 32 Counts, Start at approx 11 secs

**SEC 1 [1-8] L Step ¼ L, R Lock with Knee Pop L, L Step Lock Step, L Small Step, R Lock, L Press with Sweep L, Weave R.**

1,2            LF step slightly fwd ¼ L (9.00) (1), RF lock behind LF pop L knee fwd (2).  
3&            LF step fwd (3), RF lock behind LF (&).  
4&            LF step slightly fwd (4), RF lock behind LF (&).  
5,6            LF press fwd (5), LF recover and sweep LF from front to back (6).  
7&8           LF step behind RF (7), RF step right (&), LF step across Rf (8).

**SEC 2 [9-16] R Side Jump, L Touch Beside, L Side, R Sailor Step, L Behind, R Side ¼ R, L Step Lock Step.**

&1,2           RF small side jump (&), LF touch beside RF (1), LF step left (2).  
3&4           RF step behind LF (3), LF step left (&), RF step right (4).  
5,6            LF step behind RF (5), RF step right ¼ right (12.00) (6).  
7&8            LF step fwd (7), RF lock behind LF (&), LF step fwd (8).

**SEC 3 [17-24] R Side, Full Syncopated Walks Around to L, R Cross, L Back ¼ R, R Side, L Knee Lift.**

1              RF step right (1).  
2&            LF walk ¼ L (2), RF walk ¼ L (&).  
3&4            LF walk ¼ L (3), RF walk fwd (&), LF walk ¼ L (12.00) (4).  
5,6            RF step across LF (5), LF step back ¼ RL (3.00) (6).  
7,8            RF step right (7), LF lift knee up (8).

**(NB Restart here in wall 3 after 24 counts, after start again).**

**SEC 4 [25-32] L Camel Walk, R Camel Walk, L Fwd Mambo, R Shuffle Back, L Side, R Step.**

1,2            LF step fwd and pop R knee fwd (1), RF step fwd and pop L knee fwd (2).  
3&4            LF mambo fwd (3), RF recover (&), LF step slightly back (4).  
5&6            RF step back (5), LF step beside RF (&), RF step back (6).  
7,8            LF step left (7), RF step slightly fwd (8).

**REPEAT THE DANCE AND HAVE FUN!!**