

Spring Days of My Life (내 생애 봄날은) COPPER KNOB

拍數: 32 牆數: 4 級數: High Beginner
編舞者: YunSuk Jun (KOR) - June 2024
音樂: Spring Days of My Life (내 생애 봄날은) - CAN (캔)



Intro: 64 counts

Restart: on 5 wall after 16 counts (facing 3:00)

Sec 1. Fwd walk (R,L), Fwd shuffle. Fwd rock, recover, 1/4 turn L side shuffle

1 - 2 Step RF Fwd (1) step LF fwd (2)
3 & 4 Step RF Fwd (3), step LF next to RF (&), step RF Fwd (4)
5 - 6 Step LF rock Fwd (5), recover weight on RF (6)
7 & 8 1/4 turn L, Step LF to L side (7), Step RF next to LF(&) Step LF to L side (8) (9:00)

Sec 2. Cross, side, sailor, cross, 1/4 turn L, back, 1/4 turn L, side shuffle

1 - 2 Cross RF over LF (1), Step LF to L side (2)
3 & 4 Step RF behind LF (3), step LF to left (&), step RF to right (4)
5 - 6 Cross LF over RF (5), 1/4 turn L, stepping RF back (6)
7 & 8 1/4 turn L, stepping LF to L side, (7) Step RF next to LF, (&), Step LF to L side (8) (3:00)

*Restart here: On 5 wall after 16c (facing 3:00)

Sec3. Cross samba (R,L), scuff, out, out (R,L) R knee in towards left & out towards right

1 & 2 Cross RF over LF (1), rock LF to left (&) recover weight onto RF (2)
3 & 4 Cross LF over RF (3), rock RF to right (&). recover weight onto LF (4)
5 & 6 Scuff step RF (5), step RF Fwd to right diagonal (&), Step LF Fwd to left diagonal (6)
7 - 8 R knee in towards Left (7), R knee out towards right. (put body weight on left foot)

Sec4. Side, Behind, shuffle 1/4 turn R, pivot 1/2 turn R, 1/4 turn R, side, touch.

1 - 2 Step RF to R side (1), cross LF behind RF (2)
3 & 4 Step RF to R side (3), Step LF next to RF (&), 1/4 turn R, stepping RF Fwd (4), (6:00)
5 - 6 Step LF Fwd (5), pivot 1/2 turn R(6), on ball of RF(12:00)
7 - 8 1/4 turn R, stepping LF to L side (7), touch step RF next to L (8). (3:00)

*Enjoy and happy dancing.

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