

One Way Ticket 2024

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Judy Rodgers (USA) - June 2024
音樂: One Way Ticket (To the Blues) - Tanja Thomas : (amazon.com)



#34 seconds intro (when she starts singing)

S1. Side touch, turn 1/4 L side touch, side rock cross hold

1-4 Step L to left side, touch R beside L, turn 1/4 left step R to right side, touch L beside R 9:00
5-8 Rock L to left side, recover R, cross L over R, hold

S2. Side behind side rock, cross side behind turn 1/4 L

1-4 Step R to right side, step L behind R, rock R to right side, recover L
5-8 Cross R over L, step L to left side, step R behind L, turn 1/4 left step L fwd 6:00

S3. Step R to fwd right diag, walk L to R, step L fwd to left diag., walk R to L

1-4 Step R fwd to right diagonal, move L toward R moving heel, toe, heel/clap (keep weight on R)
5-8 Step L fwd to left diagonal, move R toward L moving heel, toe, heel/clap (keep weight on L)

S4. Walk back (3) hitch, rocking chair

1-4 Walk back back back (R L R), hitch L
5-8 Rock L fwd, recover R, rock L back, recover R

S5. Side together turn 1/4 R back, hold, side together fwd, hold

1-4 Step L to left side, step R beside L, turn 1/4 right step L back, hold 9:00
5-8 Step R to right side, step L beside R, step R fwd, hold

S6. Turn 1/4 R, hold, turn 1/2 R, hold, jazz box

1-4 Turn 1/4 right step L back, hold, turn 1/2 right step R fwd, hold 6:00
5-8 Cross L over R, step R back, step L to left side, step R fwd

S7. Cross rock, big step, drag, cross rock, side rock

1-4 Cross/rock L over R, recover R, step L big step to left side, drag R to L
5-8 Cross/rock R over L, recover L, rock R to right side, recover L

S8: Step/sway sway sway hold, V-step

1-4 Step R to fwd diag/sway R, sway L, sway R, hold
(slight bounce as you sway, both hands raised chest level up swaying)
5-8 Step L out/up to left, step R out/up to right, step L back home, step R beside L

Last Update: 29 Jun 2024