

Masbuena

拍數: 64 牆數: 2 級數: Phrased High Improver
編舞者: Vee Trias (INA), Swesty Budianingsih (INA), Mimitha Kaeru (INA) & Roosamekto
Mamek (INA) - June 2024
音樂: Masbuena - Antónima



Intro: 32 count (approximately 00:21)

SEQUENCE: A (16), A, A, TAG, A, B, A, A

PART. A (32 COUNT)

A1. FORWARD MAMBO, BACK MAMBO, CROSS SAMBA

1&2 Rock R forward – Recover on L – Step R back (12:00)
3&4 Rock L back – Recover on R – Step L forward
5&6 Cross R over L – Rock L to side – Recover on R
7&8 Cross L over R – Rock R to side – Recover on L

A2. BACK LOCK SHUFFLE R/L, HIPS BUMP

1&2 Step R back – Lock L over R – Step R back (12:00)
3&4 Step L back – Lock R over L – Step L back
5&6 Step R to side bump hips to right – Bump hips to left – Bump hips to right
7&8 Bump hips to left – Bump hips to right – Bump hips to left

A3. ROCK FORWARD, FORWARD TURN 1/2 RIGHT, FORWARD LOCK SHUFFLE, ROCK FORWARD, SIDE TURN 1/4 RIGHT, CROSS SHUFFLE

1&2 Rock R forward – Recover on L – Turn 1/2 right step R forward (06:00)
3&4 Step L forward – Lock R behind L – Step L forward
5&6 Rock R forward – Recover on L – Turn 1/4 right step R side (09:00)
7&8 Cross L over R – Step R to side – Cross L over R

A4. SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, CROSS, SIDE, TOUCH, SIDE, KICK, SAILOR COASTER TURN 1/4 LEFT

1&2& Step R to side – Touch L together – Step L to side – Kick R diagonal forward (9:00)
3&4 Cross R behind L – Step L to side – Cross R over L
5&6& Step L to side – Touch R together – Step R to side – Kick L diagonal forward
7&8 Turn 1/4 left cross L behind R – Step R together – Step L forward (6:00)

PART. B (32 COUNT)

B1. WALK FORWARD, FORWARD MAMBO, WALK BACK, COASTER STEP

1-2 Step R forward – Step L forward (12:00)
3&4 Rock R forward – Recover on L – Step R back
5-6 Step L back – Step R back
7&8 Step L back – Step R together – Step L forward

B2. V STEP, SIDE MAMBO R & L

1-4 Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together (12:00)
5&6 Rock R to side – Recover on L – Step R together
7&8 Rock L to side – Recover on R – Step L together

B3. SIDE, TOGETHER, SIDE CHASSE, TOUCH

1-2 Step R to side – Step L together (12:00)
3&4& Step R to side – Step L together – Step R to side – Touch L together

5-6 Step L to side – Step R together
7&8& Step L to side – Step R together – Step L to side – Touch R together

B4. CUMBIA STEP STEP

1&2 Rock R behind L – Recover on L – Step R to side (12:00)
3&4 Rock L behind R – Recover on R – Step L to side
5&6 Rock R behind L – Recover on L – Step R to side
7&8 Rock L behind R – Recover on R – Step L to side

REPEAT

TAG (4 count)

SLOW PIVOT 1/2 TURN LEFT

1-4 Step R forward – Hold – Turn 1/2 left weight on L – Hold

For more info about step sheet & song, please contact:

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