90's Mash Up



拍數: 32 牆數: 4 級數: Beginner

編舞者: Lisanne Winters Gray (USA) - June 2024

音樂: 90s Rap Mashup - Austin Williams



Intro: 16 counts (lyrics begin first; dance when bass/drum beat kicks in)

[1 – 8] K STEP WITH 1/4 TURN RIGHT

1 – 2	Step R forward on diagonal, Touch L next to R 12:00
3 – 4	Step L back on diagonal, Touch R next to L 12:00
5 – 6	$\frac{1}{4}$ turn right stepping R to side, Touch L next to R 3:00

7 – 8 Step L to left side, Touch R next to L 3:00

[9 - 16] VINES RIGHT AND LEFT

1 – 4	Step R to side, Step L behind R, Step R to side, Touch L next to R 3:00
5 – 8	Step L to side, Step R behind L, Step L to side, Touch R next to L 3:00

[17 - 24] ROCKING CHAIR; JAZZ BOX 1/4 TURN RIGHT

1 – 4	Rock R forward, Recover back on L; Rock R back, Recover forward on L 3:00
5 – 8	Cross R over L, Step L back, Turn ¼ right stepping R to side, Step L next to R 6:00

[25 - 32] ROCKING CHAIR; JAZZ BOX 1/4 TURN RIGHT

1 – 4	Rock R forward, Recover back on L; Rock R back, Recover forward on L 6:00
5 – 8	Cross R over L, Step L back, Turn 1/4 right stepping R to side, Step L next to R 9:00