Dizzy Miss Lizzy



拍數: 48 牆數: 4 級數: Easy Intermediate

編舞者: Hiroko Carlsson (AUS) - June 2024 音樂: Dizzy Miss Lizzy - Larry Williams



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (Intro: 48 counts)

[S1] Side, Together, Syncopated Weave R, Back Rock, Side-&

1 2 Step R to the side, Step L together

3&4& Step R to the side, Step L behind R, Step R to the side, Cross L over R

5 6 7 Step R to the side, Rock L behind R, Replace weight on R

8& Step L to the side, Step R together

[S2] Side, Together, Syncopated Weave L, Back Rock, 1/4R

1 2 Step L to the side, Step R together

3&4& Step L to the side, Step R behind L, Step L to the side, Cross R over L

5 6 7 Step L to the side, Rock R behind L, Replace weight on L

8 Make a ¼ turn right stepping forward on R (3:00)

[S3] Fwd Rock, 1/4L, Step-Pivot 1/2L, Fwd, Touch, Hitch

1 2 3 Rock forward on L, Replace weight on R, Make a ¼ turn left stepping forward on L (12:00)

4 5 Step forward on R, Make a ½ turn left recover weight on L (6:00)

6 7 8 Step forward on R, Touch L forward, Hitch L knee up

[S4] Back, Back, Coaster Step, Fwd Rock, Full Tripple Turn R

1 2 Walk back on L-R

3&4 Step back on L, Step R beside L, Step forward on L

Rock forward on R, Replace weight on LTriple step turning right on the spot R-L-R

[S5] Cross, Side, Sailor Step, Behind, 1/4L, Step-Pivot 1/2L

1 2 Cross L over R, Step R to the side

3&4 Step L behind R, Step R to the side, Step L to the side

5 6 Step R behind L, Make a ¼ turn left stepping forward on L (3:00) 7 8 Step forward on R, Make a ½ turn left recover weight on L (9:00)

[S6] Cross, Side, Behind-Side-Heel-&, Vaudeville, Cross, Side

1 2 Cross R over L, Step L to the side

Step R behind L, Step L to the side, Touch R heel diagonally forward, Step R in place

Cross L over R, Step R to the side, Touch L diagonally forward, Step L in place

7 8 Rock/across R over L, Replace weight on L

Ending suggestion: The last wall finishes facing 9:00. Make a ¼ turn right stepping forward on R (12:00).

(updated: 26/June/24)