

# Grow Up

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Advanced  
編舞者: Shelly Tudor (USA) - June 2024  
音樂: Grow Up - KennLynn



\*\*\*3 Tags; 0 Restart

Intro: 32 Cts

Sequence: 32, Tag 1, 32, Tag 2, 32, Tag 1, 32, Tag 3, 32, Tag 2, 32, Tag 3, 32 Special ending

## STEP LOCK STEP, PRESS DRAG, COASTER STEP, HEEL HEEL, TOE TOE

1&2      Step R foot fwd (1) Step L behind R foot (&) Step R foot fwd (2)  
3,4      Press L foot fwd (3) Drag R heel back (4)  
5&6      Step L foot back (5) Step R foot beside L foot (&) Step L foot fwd (6)  
&7&8      Step R heel fwd (&) Step L heel fwd (7) Step back on R toe (&) Step back on L toe (8) (12:00)

## BALL CROSS, STEP WHOLE TURN, DIAGONAL KICK, BEHIND SIDE CROSS, SLIDE

&1,2      Step on ball of R foot (&) Cross left foot over R foot (1) Step R foot fwd while making ¼ turn over R shoulder (2)  
3&4&      Step L foot to L side while making ¼ turn over R shoulder (3) Step R foot to R side while making a ¼ turn over R shoulder (&) Step L foot to L side while making a ¼ turn over R shoulder (4) Kick R foot diagonally (&)  
5&6      Step R foot behind L foot (5) Step L foot to L side (&) Cross R foot over L foot (6)  
7,8      Step L foot to L side (7) Slide R foot into L foot (8) (12:00)

## BALL STEP PRESS HOLD, BALL STEP PRESS HITCH, STEP SWEEP, STEP SWEEP, COASTER STEP

1,2      Step fwd on ball of R foot (1) Hold (2)  
&3,4      Step R foot next to L foot (&) Step fwd on ball of L foot (3) Hitch L knee (4)  
5,6      Step back on L foot while sweeping R foot front to back (5) Step back on R foot while sweeping L foot front to back (6)  
7&8      Step L foot backward (7) Step R foot next to L foot (&) Step L foot fwd (8) (12:00)

## STEP, ½ TURN BOUNCE, COASTER STEP, SWEEP, SWEEP

1,2      Step R foot fwd (1) Bounce both feet while making a ¼ turn (2)  
3,4      Bounce both feet while making a ¼ turn (3) Bounce both feet in place (4)  
5&6      Step L foot backward (5) Step R foot next to L foot (&) Step L foot fwd (6)  
7,8      Sweep R foot from back to front (7) Sweep L foot from back to front (8) (6:00)

## TAG 1 – 8 COUNTS: STOMP FEET AS YOU MAKE A COMPLETE CIRCLE. (THIS TAG HAPPENS TWICE, WALLS 2 AND 4)

1,2      Stomp R foot (1) Stomp L foot (2)  
3,4      Stomp R foot (3) Stomp L foot (4)  
5,6      Stomp R foot (5) Stomp L foot (6)  
7,8      Stomp R foot (7) Stomp L foot (8)

## TAG 2 – 20 COUNTS: ROCKING CHAIR, GRAPEVINE R, GRAPEVINE L, ROCK RECOVER SHUFFLE ½ TURN, ROCK RECOVER SHUFFLE ½ TURN (THIS TAG HAPPENS TWICE, ON WALLS 3 AND 6)

1,2      Rock fwd on R foot (1) Rock back on L foot (2)  
3,4      Rock back on R foot (3) Rock fwd on L foot (4)  
5,6      Step R foot to R side (5) Step L foot behind R foot (6)  
7,8      Step R foot to R side (7) Step L foot next to R foot (8)

1,2      Step L foot to L side (1) Step R foot behind L foot (2)

3,4 Step L foot to L side (3) Step R foot beside L foot (4)  
5,6 Step R foot fwd (5) Recover back on L foot (6)  
7&8 Step R foot to R side while making  $\frac{1}{4}$  turn over R shoulder (7) Step L foot next to R foot (&  
Step R foot fwd while making  $\frac{1}{4}$  turn (8) (6:00)

1,2 Step L foot fwd (1) Recover back on R foot (2)  
3&4 Step L foot to L side while making  $\frac{1}{4}$  turn over L shoulder (3) Step R foot next to L foot (&  
Step L foot fwd while making  $\frac{1}{4}$  turn over L shoulder (4) (12:00)

**TAG 3 - 4 COUNTS: ROCKING CHAIR (THS TAG HAPPENS TWICE, WALLS 5 AND 7)**

1,2 Rock fwd on R foot (1) Rock back on L foot (2)  
3,4 Rock back on R foot (3) Rock fwd on L foot (4)

**SPECIAL ENDING OF THE DANCE - 8 CTS: ROCKING CHAIR, CROSS UNWIND (HAPPENS ON WALL 8 TO END THE DANCE)**

1,2 Rock fwd on R foot (1) Rock back on L foot (2)  
3,4 Rock back on R foot (3) Rock back on L foot (4)  
5,6 Cross R foot over L foot (5) Hold (6)  
7,8 Unwind  $\frac{1}{2}$  turnover L shoulder (7) Hold (8) (12:00)

**End of dance. Have fun and I can't wait to see how you add your flare to this dance.**

**Stepsheet Questions: [BossLadyLinedancing.com](http://BossLadyLinedancing.com)**

**Choreo Questions: Shelly Tudor (901) 483-1996**

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