

Gejolak Asmara

拍數: 82 牆數: 2 級數: Phrased Improver
編舞者: Nurmaya (INA) & Rani (INA) - June 2024
音樂: Gejolak Asmara - Nassar



Sequence : AA B Tag CCC(12) Tag AADAB Tag CCC Ending

Dance starts on Vocal

Part A (16 counts)

I. MAMBO STEPS, RUN, RUN, RUN

1 & 2 Rock Rf fwd, Recover onto Lf, Step Rf back
3 & 4 Rock Lf back, Recover onto Rf, Step Lf fwd
5 & 6 Run R,L,R
7 & 8 Run L,R,L

II. CUMBIA, ½ TURN L TOUCH SIDE

1 & 2 Rock Rf behind Lf, Recover onto Lf, Step Rf side
3 & 4 Rock Lf behind Rf, Recover onto Rf, Step Lf side
5 – 6 1/8 Turn left Touching R toe to side, 1/8 Turn left Touching R toe to side
7 – 8 1/8 Turn left Touching R toe to side, 1/8 Turn left Touching R toe to side

Part B (16 counts)

I. STEP FWD, TOUCH SIDE, HOLD, REVERSE

&1–4 Step Rf slightly fwd, Touch L toe to side, Hold, Hold, Hold
&5–8 Step Lf slightly fwd, Touch R toe to side, Hold, Hold, Hold

II. V STEP, PIVOT TURN

1 – 2 Step Rf diagonal fwd, Step Lf diagonal fwd (out-out)
3 – 4 Step Rf diagonal back, Close Lf next to Rf (in-in)
5 – 6 Step Rf fwd, Make ½ Turn left Stepping Lf in place
5 – 8 Step Rf fwd, Make ½ Turn left Stepping Lf in place

Part C (16 counts)

I. SYNCOPATED CROSSES, HITCH, REVERSE

1&2& Cross Rf over Lf, Step Lf to side, Cross Rf over Lf, Step Lf to side
3&4& Cross Rf over Lf, Step Lf to side, Cross Rf over Lf, Hitch Lf
5&6& Cross Lf over Rf, Step Rf to side, Cross Lf over Rf, Step Rf to side
7 & 8 Cross Lf over Rf, Step Rf to side, Cross Lf over Rf

II. SAMBA WHISKS (R – L), ½ TURN RIGHT VOLTA

1 a 2 Step Rf to side, Ball Lf slightly behind Rf, Cross Rf over Lf
3 a 4 Step Lf to side, Ball Rf slightly behind Lf, Cross Lf over Rf
5 & 6 Make 1/8 Turn right Stepping Rf fwd, Step Lf on ball slightly behind Rf, Make 1/8 Turn right Stepping Rf fwd
&7, 8 Step Lf on ball slightly behind Rf, ¼ Turn right Stepping Rf fwd, Step Lf fwd

Part D (34 counts)

I. PIVOT TURN, SWAY

1 – 2 Step Rf fwd, Make ½ Turn left Stepping Lf in place
3 – 4 Step Rf fwd, Make ½ Turn left Stepping Lf in place
5 – 6 Step Rf to side Sway R, L

II. CROSS ROCK, SIDE, HOLD, REVERSE

1 – 4 Rock Rf cross over Lf, Recover onto Lf, Step Rf to side, Hold

5 – 8 Rock Lf cross over Rf, Recover onto Rf, Step Lf to side, Hold

III. CROSS POINT, STEP BACK WITH SWEEP

1 – 2 Cross Rf over Lf, Touch L toe to side

3 – 4 Cross Lf over Rf, Touch R toe to side

5 – 6 Step Rf back, Step Lf back with sweep front to back

7 – 8 Step Rf back with sweep front to back, Step Lf back with sweep front to back

IV. GRAPEVINE, ROLLING VINE, TOUCH

1 – 2 Step Rf to side, Cross Lf behind Rf

3 – 4 Step Rf to side, Touch Lf to side

5 – 6 Make $\frac{1}{4}$ turn left Stepping Lf fwd, Make $\frac{1}{2}$ turn left Stepping Rf back

7 – 8 Make $\frac{1}{4}$ turn left Stepping Lf to side. Touch Rf next to Lf

V. ROCK STEP, TOUCH SIDE

1 – 4 Rock Rf fwd, Recover onto Lf, Touch R toe to side, Hold

Tag (4 counts)

1 – 4 Touch R toe to side, Hold, Hold, Hold (Raising both hands below up)

Ending (8 counts) : V STEP, POSE

1 – 2 Step Rf diagonal fwd, Step Lf diagonal fwd (out-out)

3 – 4 Step Rf diagonal back, Close Lf next to Rf (in-in)

5 – 8 Touch R toe to side, Posed (Raising both hands below up)

HAPPY DANCING !!!
