Choosing Us

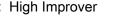
拍數: 32

牆數: 4

級數: High Improver

編舞者: José Miguel Bellogue Vane (NL) & Gregory Danvoie (BEL) - June 2024

音樂: Carry You Home - Alex Warren





SEC 1 SHUFFLE FWD X2, ROCK FWD, RECOVER, STEP BACK, SWEEP BACK

- 1&2 RF step forward, LF step next to RF, RF step forward (12:00)
- 3&4 LF step forward, RF step next to LF, LF step forward (12:00)
- 5-6 RF rock forward, recover on LF (12:00)
- 7-8 RF step back, LF sweep back (12:00)

SEC 2 BEHIND SIDE CROSS, SIDE ROCK, RECOVER, CROSS OVER, STEP BACK WITH ¼ TURN, SLIDE WITH ¼ TURN & DRAG

- LF cross behind RF, RF step to the R side, LF cross over RF (12:00) 1&2
- 3-4 RF rock to the R side, recover on LF (12:00)
- 5-6 RF cross over LF, LF step back with 1/4 turn to the R (03:00)
- 7-8 RF big slide to the R side with 1/4 turn to the R, LF drag next to RF (06:00)

SEC 3 CROSS ROCK, RECOVER, SHUFFLE FWD WITH ¼ TURN, SCUFF, HITCH, STEP BACK WITH ½ TURN, COASTER STEP

- 1-2 LF cross rock over RF, recover on RF (06:00)
- 3&4 LF step forward with 1/4 turn to the L, RF step next to LF, LF step forward (03:00)
- 5&6 RF scuff, RF hitch, RF step back with 1/2 turn to the L (09:00)
- 7&8 LF step back, RF step next to LF, LF step forward (09:00)

SEC 4 KICK BALL CHANGE, ROCKING CHAIR, SIDE & TOUCH X2

- RF kick forward, RF step next to LF, LF step slightly forward (09:00) 1&2
- 3-4 RF rock forward, recover on LF (09:00)
- 5-6 RF rock back, recover on LF (09:00)
- RF step to the R side, LF touch next to RF, LF step to the L side, RF touch next to LF (09:00) &7&8

TAG : at the end of wall 3 and 7 (facing : 03:00)

- RF step forward, LF step next to RF, RF step forward 1&2
- LF step forward, RF step next to LF, LF step forward 3&4
- 5-6 RF rock forward, recover on LF
- 7-8 RF rock back, recover on LF
- 1-2 RF step forward, slow pivot with 1/2 turn to the L
- 3-4 RF step forward, slow pivot with 1/2 turn to the L