

Choosing Us

拍數: 32 牆數: 4 級數: High Improver
編舞者: José Miguel Belloque Vane (NL) & Gregory Danvoie (BEL) - June 2024
音樂: Carry You Home - Alex Warren



SEC 1 SHUFFLE FWD X2, ROCK FWD, RECOVER, STEP BACK, SWEEP BACK

1&2 RF step forward, LF step next to RF, RF step forward (12:00)
3&4 LF step forward, RF step next to LF, LF step forward (12:00)
5-6 RF rock forward, recover on LF (12:00)
7-8 RF step back, LF sweep back (12:00)

SEC 2 BEHIND SIDE CROSS, SIDE ROCK, RECOVER, CROSS OVER, STEP BACK WITH ¼ TURN, SLIDE WITH ¼ TURN & DRAG

1&2 LF cross behind RF, RF step to the R side, LF cross over RF (12:00)
3-4 RF rock to the R side, recover on LF (12:00)
5-6 RF cross over LF, LF step back with 1/4 turn to the R (03:00)
7-8 RF big slide to the R side with 1/4 turn to the R, LF drag next to RF (06:00)

SEC 3 CROSS ROCK, RECOVER, SHUFFLE FWD WITH ¼ TURN, SCUFF, HITCH, STEP BACK WITH ½ TURN, COASTER STEP

1-2 LF cross rock over RF, recover on RF (06:00)
3&4 LF step forward with 1/4 turn to the L, RF step next to LF, LF step forward (03:00)
5&6 RF scuff, RF hitch, RF step back with 1/2 turn to the L (09:00)
7&8 LF step back, RF step next to LF, LF step forward (09:00)

SEC 4 KICK BALL CHANGE, ROCKING CHAIR, SIDE & TOUCH X2

1&2 RF kick forward, RF step next to LF, LF step slightly forward (09:00)
3-4 RF rock forward, recover on LF (09:00)
5-6 RF rock back, recover on LF (09:00)
&7&8 RF step to the R side, LF touch next to RF, LF step to the L side, RF touch next to LF (09:00)

TAG : at the end of wall 3 and 7 (facing : 03:00)

1&2 RF step forward, LF step next to RF, RF step forward
3&4 LF step forward, RF step next to LF, LF step forward
5-6 RF rock forward, recover on LF
7-8 RF rock back, recover on LF

1-2 RF step forward, slow pivot with 1/2 turn to the L
3-4 RF step forward, slow pivot with 1/2 turn to the L
