

EZ Hold 'Em

拍數: 32 牆數: 1 級數: Beginner
編舞者: Nicole Miller (LUX) - June 2024
音樂: TEXAS HOLD 'EM - Beyoncé



Intro: 24 counts

STEP LOCK, STEP LOCK STEP (R + L)

1-2 Step R diagonally forward, step L behind R
3&4 Step R diagonally forward, step L behind R, Step R diagonally forward
5-6 Step L diagonally forward, step R behind L
7&8 Step L diagonally forward, step R behind L step L diagonally forward

HEEL TOUCHES, STEP TURNS

1&2& Touch R heel forward, step R together, touch L heel forward, step L together
3&4& Touch R heel forward, step R together, touch L heel forward, step L together
5-8 Step R forward, turn ¼ L, step R forward, turn ¼ L (styling option: make a "lasso movement" with your R Hand)

GRAPEVINE R + L

1-4 Step R to R, cross L behind R, step R to R, hitch L (slap your L hand over your L leg)
5-8 Step L to L, cross R behind L, step L to L, hitch R (slap your R hand over your R leg)

OUT-OUT-IN-IN, STEP TURNS

&1&2 Step R diagonally forward, step L diagonally forward, step R to center, step L to center
&3&4 Step R diagonally forward, step L diagonally forward, step R to center, step L to center

Use the forward steps to compensate the forward steps of section 1

5-8 Step R forward, turn ¼ L, step R forward, turn ¼ L (styling option: make a "lasso movement" with your R Hand)

TAG: in wall 2 after 16 counts

STEP TURNS

1-4 Step R forward, turn ¼ L, step R forward, turn ¼ L

Last Update: 24 Jun 2024