

# Barstool Confession

拍數: 64      牆數: 0      級數: Phrased Improver  
編舞者: Pauline Gilroy (NZ) - June 2024  
音樂: Boots, Jeans, & Jesus - Sophia Scott



Intro: 8 Count

Sequence: A, A, B, A, B, A, B, TAG

The first 32 counts is part A danced twice.  
Part A Dance first 16 counts to face 9 o'clock repeat to end up at 6 o'clock

**A1: Hitch, heel, hook, heel, flick, coaster step. Hitch, heel, kick, heel, flick coaster step**

&1&2&      Hitch right knee, place right heel in front, hook heel in front of left shin, set right heel down  
flick heel up to the right,  
3&4      step back on right, step left beside right, step right foot forward  
&5&6&      Hitch left knee, place left heel in front, hook heel in front of right shin, set left heel down flick  
heel up to the left  
7&8      step back on left, step right beside left, step left forward

**A2: Step right lock step hitch right knee up, right knee behind left body roll x 2, sailor ¼ turn over left stomp  
stomp**

&1,2      Step right foot forward, (hold to the beat), lock left foot behind right quickly hitch right knee  
up,  
&3&4      swing right leg behind left, lock and hitch body roll with the locks.  
5&6      while left foot is raised swing left behind right, while turning to a ¼ turn over the left shoulder  
to 9 o'clock recover right to right, step left beside right.  
7&8      Stomp right foot, hitch left then stomp left foot

**Part B**

**B1: Jump right step left Charleston swing shuffle back right, shuffle back left, coaster step**

1&2      Jump onto right foot back hitch left, step left brush right with weight on left complete the brush  
by swing around to touch slightly behind left  
3&4      to go into a shuffle, step right behind at a diagonal step left beside right, step right out\* shift  
weight slightly to the left touch left to right  
5&6      to a shuffle, step left behind at a diagonal step right beside, step left out touch right beside  
left.  
7&8      Step right back, left back beside right, step right forward, touch left to right.

**B2: Step L together L touch, Step R together R scuff. Jazz box L, Jazz box R**

1&2      Step left foot forward diagonal \*, bring right foot to left step left to left again touch,  
3&4      Step right foot forward diagonal bring left foot to right, step right to right again touch.  
5&6      Weight on right, cross left over right step right back step left out left side bring right toward left  
scuff right.  
7&8      Cross right over left foot step back left step out right to right side bring left toward right touch

**B3: Scissor step, Scissor step Toe twist, toe twist**

1&2      Left foot left, bring right together to left weight on right, cross left over right.  
3&4      Right foot right, bring left together to right cross right over left.  
5&6      Bring left foot in front and twist on the ball of the left foot,  
7&8      Ball change with right foot forward and twist the ball of the right foot.

**B4: Heel vine heel touch. Step together step together.**

- 1&2& Weight is on left, step onto right heel to the right, step left behind right, step right out touch left to right
- 3&4& Step left to left side, touch right to left, step right to right, step left to right.
- 5&6& Weight is on right, step onto left heel to the left, step right behind left, step left out touch right to left
- 7&8& Step right to right side, touch left to right, step left to left, step right to left. Still at the 6 o'clock wall

**Tag which is a repeat of easy version of B4 but options to style as the beat slows down Grape vine Hip bump Hip bump.**

- 1&2 Weight is on left, step onto right, step left behind right, step right out, step left beside right
- 3&4& Hip bump, bump left, hip bump,bump right
- 5&6 Weight is on right, step onto left, step right behind left, step left out, step right beside left
- 7&8& Hip bump, bump right, hip bump,bump left\*

**\*Styling\***

**At the stomp/ stomp – add hip bumps or hip rolls**

**At shuffle step in B1 pull right arm back, left arm forward like and archer**

**At the step touch step in B2 Lasso right lasso left**

**For the 8 count tag where you've finished step together, step together there's an extra 8 counts where you can do some cool styling a chance to really funkify it**

**You can repeat the steps again or...**

**Hands cross click and drop**

**Heel vine snap your fingers as far out and sit**

**Reach up and snap down and drop reach up the other side snap down and drop**

**Single ladies styling raise your front facing hand and twist**

**Shoop shoop styling scoop scoop**

**Sassy styling Option to walk instead of vine with hand on hip half turn and snap your fingers**

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