

You Can't Deny

COPPER KNOB
BY STEPHEN

拍數: 128 牆數: 1 級數: Advanced
編舞者: Kirsten Matthiessen (DK) - June 2024
音樂: Kill My Heart (feat. Parson James & Qveen Herby) - VINCINT



Intro: 16 counts (app. 7 seconds), start on lyrics

[1-9] Side, Sailor $\frac{3}{8}$ L, Step lock step, Cross, $\frac{1}{8}$ L side, Sailor $\frac{1}{4}$ L, Step R to R side (1), turn $\frac{1}{8}$ L stepping L behind R (2), turn $\frac{1}{8}$ R next to L (&), turn $\frac{1}{8}$ L 07:30

1-2&3 Step R to R side (1), turn $\frac{1}{8}$ L stepping L behind R (2), turn $\frac{1}{8}$ R next to L (&), stepping L fw towards the diagonal (3)
4&5 Step R fw (4), lock L behind R (&), step R fw (5) 07:30
6-7 Step L fw crossing slightly over R (6), turn $\frac{1}{8}$ L stepping R to R side (7) 06:00
8&1 Turn $\frac{1}{8}$ L crossing L behind R (8), turn $\frac{1}{8}$ L stepping R next to L (&) step L fw (1) 03:00

[10-17] Rock recover w/ hook, Step lock step, Step, $\frac{1}{2}$ R, Coaster step

2&3 Rock/press R fw (2), recover onto L (&), hook R in front of L (3) 03:00
4&5 Step R fw (4), lock L behind R (&), step R fw (5) 03:00
6-7 Step L fw (6), turn $\frac{1}{2}$ R keeping weight back on L (7) 09:00
8&1 Step R back (8), step L next to R (&), step R fw (1) 09:00

[18-25] Samba step, Cross shuffle, $\frac{1}{4}$ L, $\frac{1}{2}$ L, Coaster step

2&3 Step L fw (2), rock R to R side (&), recover onto L (3) 09:00
4&5 Cross R over L (4), step L next to R (&), cross R over L (5) 09:00
6-7 Turn $\frac{1}{4}$ L stepping L fw (6), turn $\frac{1}{2}$ L stepping R back (7) 12:00
8&1 Step L back (8), step R next to L (&), step L fw (1) 12:00

[26-34] Kick ball step, Hold/drag ball step, Rock step, Coaster cross, Hold

2&3-4 Kick R fw (2), step R next to L (&), step L big step fw (3), hold/drag R towards L (4) 12:00
&5 Step R next to L (&), step L fw (5) 12:00
6-7 Rock R fw (6), recover onto L (7) 12:00
8&1-2 Step R back (8), step L next to R (&), cross R over L (1), hold (2) 12:00

[35-40] Side behind, Hold, $\frac{1}{4}$ L, Step $\frac{1}{4}$ L, Cross shuffle

&3-4 Step L to L side (&), cross R behind L (3), hold (4) 12:00
&5-6 Turn $\frac{1}{4}$ L stepping L fw (&), step R fw (5), turn $\frac{1}{4}$ L transferring weight onto L (6) 06:00
7&8 Cross R over L (7), step L next to R (&), cross R over L (8) 06:00

[41-50] Side hold, Ball $\frac{1}{4}$ L, Step spiral full turn L, Rock step, Coaster cross, Hold

1-2 Step L to L side (1), hold (2) 06:00
&3 Step R next to L (&), turn $\frac{1}{4}$ L stepping L fw (3) 03:00
4-5 Step R fw (4), full turn spiral L on your R foot keeping weight on R (5) 03:00
6-7 Rock L fw (6), recover onto R (7) 03:00

This is the start of repeating count 30-42& but mirrored/starting with your opposite foot

8&1-2 Step L back (8), step R next to L (&), cross L over R (1), hold (2) 03:00

[51-56] Side behind, Hold, $\frac{1}{4}$ R, Step $\frac{1}{4}$ R, Cross shuffle

&3-4 Step R to R side (&), cross L behind R (3), hold (4) 03:00
&5-6 Turn $\frac{1}{4}$ R stepping R fw (&), step L fw (5), turn $\frac{1}{4}$ R transferring weight onto R (6) 09:00
7&8 Cross L over R (7), step R next to L (&), cross L over R (8) 09:00

[57-65] Side hold, Ball side, Sailor $\frac{1}{2}$ L, Reverse full turn R, Coaster step

1-2 Step R to R side (1), hold (2) 09:00

- &3 Step L next to R (&), step R to R side (3) 09:00
- 4&5 Cross L behind R (4), turn ¼ L stepping R next to L (&), turn ¼ L stepping L fw (5) 03:00
- 6-7 Turn ½ R transferring weight onto R (6), turn ½ R stepping L back (7) 03:00
- 8&1 Step R back (8), step L next to R (&), step R fw (1) 03:00

[66-72] Walk walk, Step lock step, Rock sweep, Behind ¼ L

- 2-3 Step L fw (2), step R fw (3) 03:00
- 4&5 Step L fw (4), lock R behind L (&), step L fw (5) 03:00
- 6-7 Rock R fw (6), recover onto L sweeping R back (7) 03:00
- 8& Cross R behind L (8), turn ¼ L stepping L fw (&) 12:00

[73-81] Step lock step, Side rock cross, Back side cross, Chasse w/ hip bump

- 1-2-3 Step R fw (1), lock L behind R popping R knee (2), step R fw (3) 12:00
- 4&5 Rock L to L side (4), recover onto R (&), cross L over R (5) 12:00
- 6&7 Step R back (6), step L to L side (&), cross R over L (7) 12:00
- 8&1 Step L to L side (8), step R next to L (&), step L to L side bumping/swaying hips L (1) 12:00

[82-88] Hip bump R/L, Behind side forward, ½ L, Walk walk

- 2-3 Bump/sway hips R (2), bump/sway hips L (3) (weight ends on L) 12:00
- 4&5-6 Cross R behind L (4), step L to L side (&), step R fw (5), turn ½ L transferring weight onto L (6) 06:00
- 7-8 Step R fw (7), step L (8) 06:00

[89-96] Step, Touch behind, Back sweep x2, Behind, Side mambo ½ R, Side rock cross

- &1 Step R fw stepping onto the ball of your foot (&), touch L behind R (1) 06:00
- 2-3-4 Step L back sweeping R back (2), step L back sweeping L back (3), cross L behind R (4) 06:00
- 5&6 Rock R to R side (5), recover onto L turning ½ R (&), step R next to L (6) 12:00
- 7&8 Rock L to L side (7), recover onto R (&), cross L over R (8) 12:00

[97-104] Side together together x2, Rock step, Back lock step

- 1-2& Step R to R side (1), step L next to R (2), step R next to L (&) (with hip bumps) 12:00
- 3-4& Step L to L side (3), step R next to L (4), step L next to R (&) (with hip bumps) 12:00
- 5-6 Rock R fw (5), recover onto L (6) 12:00
- 7&8 Step R back (7), cross L slightly over R (&), step R back (8) 12:00

[105-112] ¼ L point, ¼ R, Step ½ R, Rock step, Side Rock, Behind side cross

- &1-2 Turn ¼ L stepping L to L side (&), point R to R side (1), turn ¼ R stepping onto R (2) 12:00
- 3-4 Step L fw (3), turn ½ R transferring weight onto R (4) 06:00
- 5&6& Rock L fw (5), recover onto R (&), rock L to L side (6), recover onto R (&) 06:00
- 7&8 Cross L behind R (7), step R to R side (&), cross L over R (8) 06:00

You will repeat the last 16 counts (count 97-112)

[113-120] Side together together x2, Rock step, Back lock step

- 1-2& Step R to R side (1), step L next to R (2), step R next to L (&) (with hip bumps) 06:00
- 3-4& Step L to L side (3), step R next to L (4), step L next to R (&) (with hip bumps) 06:00
- 5-6 Rock R fw (5), recover onto L (6) 06:00
- 7&8 Step R back (7), cross L slightly over R (&), step R back (8) 06:00

[121-128] ¼ L point, ¼ R, Step ½ R, Rock step, Side Rock, Behind side cross

- &1-2 Turn ¼ L stepping L to L side (&), point R to R side (1), turn ¼ R stepping onto R (2) 06:00
- 3-4 Step L fw (3), turn ½ R transferring weight onto R (4) 12:00
- 5&6& Rock L fw (5), recover onto R (&), rock L to L side (6), recover onto R (&) 12:00
- 7&8 Cross L behind R (7), step R to R side (&), cross L over R (8) 12:00

