

Cowgirl

拍數: 32 牆數: 1 級數: Beginner
編舞者: Bianca Glaser (DE) - May 2024
音樂: Cowgirls (feat. ERNEST) - Morgan Wallen



Intro: 16 Counts (start with singing) , no restarts, no tags

Grapevine r

1-2 Step to the right with RF - cross LF behind RF
3-4 Step to the right with RF - touch LF next to RF (without changing weight)

Split, clap, twist in

5 LF sw (split position)
6 Main weight on the left foot (LF is bent, RF is stretched) + clap over LF
7&8 RF: heel in, toe in, heel in

Back, touch in front, diag. forward, touch beside

1-2 RF backwards, LF touch in front of the RF (without changing weight)
3-4 LF diag. forward, RF touch next to LF (without changing weight)

diag. forward, touch beside, diag. back, close

5-6 RF diag. forward, LF touch beside RF (without weight change)
7-8 LF diag. backwards, RF closes (with weight change)

Now do the same with the other foot on the other side

Grapevine l

1-2 Step to the right with LF - cross RF behind LF
3-4 Step to the right with LF - touch RF beside LF (without weight change)

Split, clap, twist in

5 RF sw (split position)
6 Main weight on the left foot (RF is bent, LF is stretched) + clap over RF
7&8 LF: heel in, toe in, heel in

Back, touch in front, diag. forward, touch beside

1-2 LF backwards, RF touch in front of the LF (without weight change)
3-4 RF diag. forward, LF touch beside RF (without weight change)

diag. forward, touch beside, diag. back, close

5-6 LF diag. forward, RF touch beside LF (without weight change)
7-8 RF diag. backward, LF closes (with weight change)

REPEAT

Last Update: 25 Jun 2024