

Candela

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Candela - Noelia



DANCE START AFTER 16 COUNTS

I : FORWARD MAMBO, BACK MAMBO, SIDE MAMBO (R-L)

1 & 2 Rock R forward (1), Recover on L (&), Step R backward (2)
3 & 4 Rock L backward (3), Recover on R (&), Step L forward (4)
5 & 6 Rock R to R side (5) , Recover on L (&), Step R beside L (6)
7 & 8 Rock L to L side (7), Recover on R (&), Step L beside R (8)

II : CROSS SAMBA (R-L), TRAVELLING VOLTA TO L

1 & 2 Cross R over L (1), Ball step L to L side (&), Recover on R (2)
3 & 4 Cross L over R (3), Ball step R to R side (&), Recover on L(4)
5 & 6 & Cross R over L (5), Ball step L to L side (&), Cross R over L (6), Ball step L to L side (&),
7 & 8 Cross R over L (7), Ball Step L to L side (a), Cross R over L (8),

III : FORWARD MAMBO, BACK MAMBO, SIDE MAMBO (L-R)

1 & 2 Rock L forward (1), Recover on R (&), Step L backward (2)
3 & 4 Rock R backward (3), Recover on L (&), Step R forward (4)
5 & 6 Rock L to L side (5) , Recover on R (&), Step L beside R (6)
7 & 8 Rock R to R side (7), Recover on L (&), Step R beside L (8)

IV : CROSS SAMBA (L-R), ½ TURN L VOLTA

1 & 2 Cross L over R (1), Ball step R to R side (&), Recover on L (2)
3 & 4 Cross R over L (3), Ball step L to L side (&), Recover on R (4)
5 & 6 & 1/8 turn L, step L Forward (5), Ball lock R behind L (&), 1/8 turn L, step L forward (6), Ball
lock R behind L (&)
7 & 8 1/8 turn L, step L forward (7), Ball lock R behind L (&), 1/8 Turn L, step L forward(8),

V : SIDE ROCK, RECOVER , CROSS SHUFFLE (R-L)

1 – 2 Rock R to R side (1), Recover on L (2)
3 & 4 Cross R over L (3), Step L to L side (&), Cross R over L (4)
5 – 6 Rock L to L side (5) , Recover on R (6)
7 & 8 Cross L over R (7), Step R to R side (&), Cross L over R (8)

VI : WALK FORWARD (R-L), FORWARD SHUFFLE, ROCK FORWARD, RECOVER, COASTER STEP

1 – 2 Walk R forward (1), Walk L forward (2)
3 & 4 Step R forward (3), Close L beside R (&), Step R forward (4)
5 – 6 Rock L forward (5) , Recover on R (6)
7 & 8 Step L backward (7), Close R beside L (&), Step L forward (8)

(Restart here on wall 6)

VII : STEP FORWARD, ½ TURN R STEP BACK, SAILOR STEP FORWARD, STEP FORWARD, 1/2 TURN L STEP BACK. ½ TURN L SHUFFLE

1 – 2 Step R forward (1), ½ turn R , step L back (2)
3 & 4 Cross R behind L (3), Close L beside R (&), Step R forward (4)
5 – 6 Step L forward (5) , ½ turn L , step R back (6)
7 & 8 ¼ turn L, step L to L side (7), Close R beside L (&), ¼ turn L, step L forward (8)

VIII : ROCK FORWARD, RECOVER, ½ TURN R SHUFFLE, ROCK FORWARD, RECOVER, COASTER

STEP

- 1 – 2 Rock R forward (1), Recover on L (2)
3 & 4 ¼ turn R, Step R to R side (3), Close L beside R (&), ¼ turn R, step R forward (4)
5 – 6 Rock L forward (5) , Recover on R (6)
7 & 8 Step L backward (7), Close R beside L (&), Step L forward (8)

Tag : 8 counts after wall 1

V STEP, JAZZ BOX

- 1 – 4 Step R diagonally forward (1), Step L to L side (2), Step R back to center (3), Close L beside R (4)
5 - 8 Cross R over L (5), Step L back (6), Step R to R side (7), Step L forward (8)

Restart on wall 6 after 48 counts
