In Case

級數: Beginner

編舞者: Mary Pentangelo (USA) - June 2024

音樂: In Case I Ain't Around - Luke Combs

Intro is 32 counts - Starts with right foot, weight on left

[1-8] Double 1/4 turn Monterey

拍數: 64

- RF point, ¼ turn over right shoulder LF point 1-4
- 5-8 RF point, ¼ turn over right shoulder LF point

[9-16] Grapevine - L and R

- 1-4 Step RF side, Cross LF behind RF, Step RF side, tap LF next to right 5-8 Step LF side, Cross RF behind LF, Step LF side, tap RF next to left
- **RESTART 16 counts into Wall 5**

[17-24] Locke Step – L and R

- 1-4 RF step forward at RT diagonal, LF steps behind RF, RF step forward, LF Scuff
- 5-6 LF step forward at LF diagonal, RF steps behind LF, LF step forward, RF tap next to LF

[25-32] Pony Steps Backward

- 1-2 RF triple step back – RF, LF, RF – with a slight knee pop 3-4 LF triple step back – LF, RF, LF – with a slight knee pop
- 5-6 RF triple step back – RF, LF, RF – with a slight knee pop
- 7-8 LF triple step back – LF, RF, LF – with a slight knee pop

[33-40] Step Hold, Rock Back – L and R]

- RF step side, hold count 2, LF rocks back, recover on RF 1-4
- 5-8 LF step side, hold count 6, RF rocks back, recover on LF

[41-48] Rocking Chair, Paddle Turns

- 1-4 RF rocks front and back
- 5-8 RF paddle turn 1/8 over left shoulder 2x (for a 1/4 turn)

[49-56] Cross Hold, Side Rock - L and R

- RF cross over LF, hold count 2, LF rocks out to side, recover on RF 1-4
- 5-8 LF cross over RF, hold count 6, RF rocks out to side, recover or LF

[56-64] Rocking Chair, 1/2 Pivot turn, Stomps

- 1-4 RF rocks front and back
- 5-6 RF step forward, 1/2 pivot turn over left shoulder
- 7-8 RF stomp, LF stomp

Thank you for checking out my dance! www.heartandsoullinedance.com





牆數:4